



### Let's Pray: March 2023

How can we pray well as we head into this new month?



# Praying together this March

Join in as we unite in one prayer

[See the resource](#)

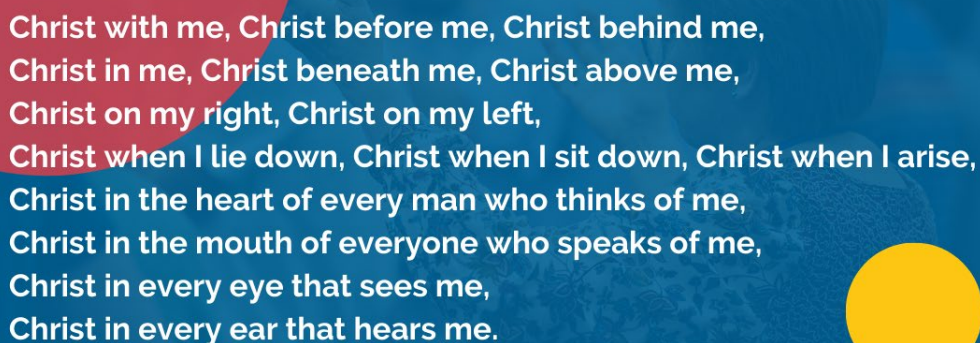
Dear Roger/sue,

The beautiful thing about prayer is that there's no one 'right' way to pray. Our intimate communication with the Father can be expressed in words, in song, in pictures, in silence and in so many other ways.

The practice of reciting liturgical and written prayers is one that spans generations and denominations. To participate in a prayer that has already been prayed before you, that is at present being prayed all over the world, and that will be prayed by the voices and minds of the future, is to enter into communion not just with God but with the Church. Praying words that have already been written allows for the expression of what's in our hearts but that we can't always find the words for. To practice the repetition of a particular prayer or set of prayers is to build rhythms and habits, allowing the words to weave themselves into our own thoughts, desires, attitudes and actions.

Whether this type of prayer is something you are used to and familiar with, or it's totally new, we invite you to join with us in praying Saint Patrick's Breastplate this month. You may want to carve out some time in your day or week to do so; you may find it encouraging to pray the same words a few times over the course of the month. You can pray these words for yourself, or bring to mind someone you'd like to pray for – perhaps a child, a young person or a family you know or have been thinking of – and replace the word 'me' with their name.

As you do so, know that you are praying words that have been prayed by followers of Jesus for hundreds of years to the God who throughout that time has remained the same. How exciting and beautiful it is to think of the many voices within our Home for Good network, reaching across the UK and beyond, uniting in one prayer.



Christ with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left,  
Christ when I lie down, Christ when I sit down, Christ when I arise,  
Christ in the heart of every man who thinks of me,  
Christ in the mouth of everyone who speaks of me,  
Christ in every eye that sees me,  
Christ in every ear that hears me.



**Rosie Killick**

Content and Communications Manager

**Urgent appeal**

[Donate now](#)

**Mother's Day  
resources**



[EVENTS](#)

[MAKE AN ENQUIRY](#)

[DONATE](#)



*Copyright © 2023 Home for Good, All rights reserved.*

You signed up to receive emails from Home for Good

Registered charity England and Wales: 1158707, Scotland: SC046972.

A company limited by guarantee: 9060425.



**Our mailing address is:**

Home for Good  
8 Angel Court, Copthall Avenue  
London, EC2R 7HP  
United Kingdom

[Add us to your address book](#)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe from this list](#).

