

# Sharing the Journey



A monthly newsletter from the Journeying team

October 2022

Dear Friends

We hope you are keeping well and that you enjoy the articles in this edition of *Sharing the Journey*.



*I only went out for a walk, and finally concluded to stay out till sundown,  
for going out, I found, was really going in.*

(John Muir)



## **Journey programme 2023**

**It's a joy to share with you a new programme of journeys for next year!**



What a year we have had, what momentous changes and challenges we have and are experiencing and yet behind all the activity and change there is quietness and stillness to be found in God's beautiful creation. Our walks are designed to walk you into quietness within yourself, with each other and into the presence of God in the beautiful locations and routes we choose for our pilgrimage holidays. These locations often have strong spiritual connections and each pilgrim journey is an invitation to be refreshed, to have fun and fellowship together and to draw closer to God.

*In a world vibrating with action  
We come here to be still.  
In a world of tight schedules and deadlines  
We have come to absorb the present.  
In a world of limits and frustrations  
We have come to the brink of eternity. At the still point of a churning world  
We wait to meet the unchanging God and know his peace.*

(From our friends at the Iona Community: <https://iona.org.uk/>)

We would love you to come and join us on one of our holidays, which are designed to allow a rich spiritual experience in a home away from home, with fellow Christians and share a sense of family because we like to keep our groups small. Our accommodation is comfortable and homely and the perfect place to relax together after a wonderful day out walking. Meal times are a shared experience, often cooking together and sharing great food and the stories of the day (there's always plenty of both!)

Our holidays are designed to support inner growth, in an environment that supports contemplation, reflection and prayer. Whilst encouraging fun and laughter, there's always plenty of opportunity for quietness and time and space for our inner journey. As with all Journeying holidays, the atmosphere and ambience is one where we all feel safe, accepted and supported.

*Lord in this silence may I hear your voice  
In the rhythm of my walking, may I sense the movement of your Spirit.  
And in solitude along the way, may I feel the comfort of your presence.*

## Journey Programme 2023

|   |  |
|---|--|
| <b>27<sup>th</sup> April – 3<sup>rd</sup> May</b> | <p><b><u>Dartmoor: A sacred conversation, Devon, England.</u></b></p> <p>The scale and beauty of the landscape here, transports you from your everyday world with its cares and concerns, into a much bigger conversation ... one of creation and its creator. Over the course of our week, as our hearts become quiet and our minds still, the rhythm of our footsteps as we walk, will take us deeper into this conversation with God.</p>   |
| <b>5<sup>th</sup> – 12<sup>th</sup> May</b>       | <p><b><u>Anglesey and Holy Island, Wales</u></b></p> <p>Anglesey is steeped in a rich Christian heritage and has many areas of outstanding natural beauty for us to explore together as we journey along coastal footpaths and discover the "thin places" where many saints have gone before us.</p>   |
| <b>13<sup>th</sup> – 20<sup>th</sup> May</b>      | <p><b><u>Caldey Island and the Pembrokeshire Coastal path, Wales</u></b></p> <p>Islands have a magic all of their own. Caldey, home to a monastic community for more than 1500 years, lies a mile out to sea from the ancient walled town of Tenby and provides the focus of our time in Pembrokeshire; we will see it as we walk the coastal path and visit by motor boat. We feel the pull of the island wherever we go. Tenby with its picturesque harbour provides the perfect base for our holiday.</p> |
| <b>21<sup>st</sup> - 26<sup>th</sup> May</b>      | <p><b><u>St Aidan's Way, Co. Wexford, Ireland</u></b></p> <p>Walk in the footsteps of St Aidan and St David from Ferns, the ancient capital of Leinster, to the oldest Marian pilgrimage site in Ireland at Our Lady's Island near Rosslare</p>  |
| <b>29<sup>th</sup> May-3<sup>rd</sup> June</b>    | <p><b><u>St Davids Way, Pembrokeshire, Wales</u></b></p> <p>Follow in the footsteps of St Aidan and St David along the medieval pilgrim path that runs through the amazing landscape of the Pembrokeshire Coast National Park from Fishguard to St Davids.</p>   |
| <b>9<sup>th</sup> – 16<sup>th</sup> June</b>      | <p><b><u>Dunoon, Argyll, Scotland</u></b></p> <p>Glorious walks along sea, lochs and hills, following parts of the Cowal Pilgrim Trail, with some sites dating back to Neolithic times, and a rich Celtic Christian heritage. A highlight will be a trip to Kilmartin Glen, burial place of the kings of ancient Dalriata, spanning 5000 years of history with its 350 ancient monuments in a 6 mile radius</p>  |
| <b>19<sup>th</sup> – 23 June</b>                  | <p><b><u>Yorkshire Dales, England</u></b></p> <p>The Yorkshire Dales National Park is an area of outstanding natural beauty and often</p>  |

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|  | referred to as 'God's own country'. The valleys, moors, hills and caverns of the Dales are etched with miles and miles of rolling footpaths and has some of the most evocative landscapes in England. Our three days of walking will take in and explore this splendid scenery, rivers, footpaths and pretty villages.   |
| <b>1<sup>st</sup> – 7<sup>th</sup> August</b>            | <b><u>Isles of Cumbrae, Bute and Arran, Scotland</u></b><br>Another Island Idyll - six nights staying in the College of the Holy Spirit, snuggled up to the smallest Cathedral in Europe: The Cathedral of the Isles in Millport. Delightful walks round the Island, some in the company of a poet who might get our creative juices flowing. Trips to the neighbouring Isles of Arran and Bute (great cliff walk to an ancient chapel) and an opportunity to attend one of the Cathedral's summer series of concerts on the Sunday. |
| <b>21<sup>st</sup> – 27<sup>th</sup> August</b>          | <b><u>The Canterbury Trails, Kent, England</u></b><br>This Journeying holiday is a dive into history and an immersive personal experience of pilgrimage. It's a creative combination of the 4 ancient pilgrimage routes that lead to and from Canterbury, Britain's oldest Cathedral. Each day we will follow a section of one of the four routes, as they lead in or out of this historic city and visit the churches and locations associated with Thomas Becket.  |
| <b>28<sup>th</sup> August – 4<sup>th</sup> September</b> | <b><u>Walking in the Kingdom – The Fife Pilgrims Way, Scotland</u></b><br>Come and walk The Fife Pilgrim way, one of the ancient Pilgrim ways which runs through the Kingdom of Fife to its final destination in St Andrews. Basing ourselves in outstanding ensuite accommodation, in beautiful countryside, we will travel to and from our walks each day and also get opportunities to visit other lovely parts of the East Neuk of Fife.   |

For more information about each holiday please visit: <https://www.journeying.co.uk/journeys-2023> or email: [info@journeying.co.uk](mailto:info@journeying.co.uk)



### Extract from a pilgrim's diary

**A short series looking back at almost 35 years of Journeying.**

Scotland is a favourite of many who travel with Journeying. We visit often, sometimes returning to the same place two years following...

*The evening was still and warm.* The little boat from Dalilea House, a quiet baronial place on the shore of the loch, took all of us, twelve and all ages, past the fishing nets and out to the island.

St Finnan's Isle or the Green Isle, to use its local name, was at least as over-grown as it had been the year before. With the help of John, the boatman, a curly haired lad in his early twenties who fluttered the hearts of at least half his passengers; we cleared a way through the brambles and bracken to the Chapel – this was a ways off the usual tourist run.

Everything was much as we had left it those months earlier. Among the ruins the famous bronze bell, circa a long time ago, stood on the Altar. Josie raised the ancient treasure, its gentle toll naturally summoning us to worship as it reached skyward and then descended with the swing of her arm. But it was difficult to stand and pray for long, the midges, always present on a Highland summers evening, were very definitely on a mission of their own that evening! One by one and silently, we made our way back to the boat, aware that St. Finnan would have perhaps stayed and toughed it out – those Celtic saints were made of heroic

stuff. And as we walked, the sun set and the sky reddened. Here, among all this, it wasn't difficult to feel closeness to God, to the land, to the saint.



### Introducing new Journeying team members Joanne Reed and Jane Moffett.

Jo lives and works in Leicestershire and thoroughly enjoys popping her boots on for long walks across the fields at weekends. She loves coastal walking, traversing paths in the South West or Norfolk or exploring islands from Lundy to Shetland, but also enjoys discovering new routes in the Peak District and along the National Forest Way. Jo is a Companion of St Francis, volunteers in the local community and is looking forward to new opportunities with the Journeying team.



Jane lives in North Lincolnshire with her partner, mother-in-law and mad cocker spaniel and is a recently retired publisher who can't quite manage to retire! A lifelong and committed attendee of the Church of England, she felt drawn to walk a pilgrimage and eventually found Journeying holidays.

Walking the Way of St. David with Journeying in 2022 brought her a strong sense of peace and connection to God, which is hard to experience in today's busy and pressured world. The saying; 'sometimes you find yourself in the middle of nowhere and sometimes in the middle of nowhere you find yourself', is Jane's description of her walk with Journeying, and she is keen to share that experience with others. Jane is involved with her local church, Mother's Union, and the church's food bank, amongst other things. A keen gardener, walker and lover of all things canine and equestrian, she is happiest when immersed in the beauty of God's creation.



### On-line shop

Have you visited the Journeying shop?

Currently available; Polo shirts, 'Walking to an Island' - a personal account of travels to remote islands and holy places in Britain and Ireland, and 'The Little Book of Celtic Blessings'.

<https://www.journeying.co.uk/shop>



## Poetry Corner

### This Moment

By Cheryl "Pepper" Tettmar

Sometimes at dusk  
you sense in the changing of the light,  
a pause... a hesitation in time as the moment is held.

Sometimes before snow begins to fall,  
the silent stillness stops you in your tracks  
and time itself stands still.

Sometimes as you gaze into a starry sky,  
the vastness of the universe  
stops your heart from beating  
for just a second.  
Sometimes in such moments,  
you realise you are in the presence of God  
who has waited an eternity to share 'this' moment with *you*.

Pepper is a member of the Journeying team.



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## Journeying Poetry Competition 2022



Poems inspired by the phrase; 'On Pilgrimage', are invited for the second *Journeying Poetry Competition*.

Poems should be original and unpublished and reach us by midnight on Saturday October 22<sup>nd</sup> 2022 (GMT). Please follow the link for full competition details:  
<https://www.journeying.co.uk/blog?aid=30280>

The winner will be announced on December 15<sup>th</sup> and will receive a *first* competition certificate signed by the Judges and ten percent discount on any one of next year's pilgrim-

holidays from Journeying. The winning poem will be published on the Journeying website, social media platform and in *Sharing the Journey*.

This year's Judges are David Arkell and Phil Craine. David is a teacher from Dorset whose book of poetry, *Divine Loves* was published in 2019. Phil is a member of the Journeying team and a previous Director of the organisation. He is inspired by pilgrimage and the opportunities it offers to deepen faith and fellowship.



## Annual gathering of the Journeying team



The Journeying team gather each autumn for a time of prayer, reflection and planning. This year we meet, 29<sup>th</sup> – 31<sup>st</sup> October. Do pray for us. Thank you!

<https://www.journeying.co.uk/about/leaders>



## Ukraine and Russia

*We pray for the people of the Ukraine and the people of Russia.  
We pray that the spiral of violence will cease, leaders will talk and arms will be laid down.  
We pray for all people caught up in war.*



## Day Walks for autumn and early winter

*Walking in the spirit of pilgrimage. All walks are free. Simply bring a packed lunch.*

### **Lud's Church, Hanging Rock and the Roaches**

*Walking in the Peak District*

Friday 28<sup>th</sup> October

### **The Sandstone Trail: The Hills of Bulkeley & Bickerton**

*Walking through the Cheshire countryside*

Tuesday 1<sup>st</sup> November

### **Advent in the Valley**

*A walk through the Wye Valley as part of our preparation for Christmas*

Saturday 10<sup>th</sup> December.

To discover more please follow the link to the Day Walk page of the Journeying website:

<https://www.journeying.co.uk/day-walks2>



## Who am I? Why am I?

It is in our encounter with Jesus, often at our lowest ebb, that our journey of discovery really begins...

(Cormac Murphy-O'Connor from his book, 'At the Heart of the World' - paraphrased)

*The view from St Ninian's Cave, Dumfries and Galloway, Scotland.*



## Friday Gathering

Each Friday at 10 p.m. (UK time) ... A time to pause and prayerfully hold in our thoughts all those connected with Journeying. We have no particular format and there's no linking over the airwaves. As always, *hope you can be with us.*



## A Eucharist Prayer

*It looks like bread, and it is bread.  
But God is incredibly imaginative.  
There is a surprise in this bread,  
for within each crumb,  
God has folded nothing less than heaven.  
And when we break it,  
and everyone has a piece,  
what we are doing is saying,  
"Let's share together the story of Jesus."*

*"It looks like a goblet of wine, and it is wine,  
but God, being God, didn't leave it there,  
and has squeezed into each drop  
a promise for the whole world.  
And when we pass it among us,  
and everyone has a taste,  
it sort of whispers to our souls,  
and sort of tangles with memories,  
telling us:*

*God loves us completely!*

*So let's break bread and listen to the story,  
and share wine and hear the promise..."*

With thanks to Andrew, Rector of Tenby, West Wales, who heard this prayer during an 'All-Age Communion Service' earlier in the year. While we may not yet feel ready to share a cup of wine, we can't help I'm sure, but be struck by the words...



Peace on the Way,  
The *Journeying* Team.

You are welcome to share this Newsletter with anyone you think might be interested  
**If you would prefer not to receive news from *Journeying* please reply to this email and let us know**

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