

Thanks!

We are very grateful to all our donors and partners. These include many churches, schools and local businesses especially some very generous individuals and organisations in our area.

We rely heavily on the regular donations from most of the local churches and religious organisations – especially at harvest festival time. Without these generous communities we would certainly not have enough food to distribute.

Trussell Trust have a strategic national partnership with ASDA, in addition to the collection points at ASDA Penryn, a summer collection event resulted in a total of **789.3 Kgs** of food being collected, thank you ALL!

Many dedicated volunteers run our foodbank from various churches and those in the local community. Falmouth and Penryn Churches together is a collaboration across all of the area's churches that supports our foodbank especially through food donations. Many churches provide a steady stream of food donations all year around so thank you to all the churches and local schools for those!

(www.falmouthchurchestogether.org.uk)

**Falmouth
#Penryn
Churches
Together**

Data protection

'Penryn and Falmouth Foodbank is committed to protecting your privacy and will process your personal data in accordance with current Data Protection legislation. Penryn and Falmouth Foodbank collects information to keep in touch with you and supply you with information relating to our work. To unsubscribe from our newsletter, send a message to foodbank@highwaychurch.co.uk with the word unsubscribe in the subject line. A full data privacy statement for financial donors is available from the foodbank on request.'



**Newsletter
SUMMER 2019**

penrynfalmouth.foodbank.org.uk

**Falmouth
#Penryn
Churches
Together**

Increased cost of living hits hard

We hope you are all having an enjoyable and relaxing summer, whatever the weather.

Last year to April 2018, Penryn and Falmouth foodbank collected 16,680kg of food from the public and distributed it to 1,493 people of whom 501 were children, a significant increase on the previous year.

We are seeing less Universal Credit transfer clients and more people who are unable to make ends meet on benefits and low income. Benefit changes and delays are the main reasons individuals and families in our community are thrown into crisis and need our help. As always it is **important we continue to get support in the form of food or cash donations and volunteers** to help those that are less fortunate in our community.

In the UK, more than 14 million people are living in poverty – including 4.5 million children. We support more than 1,200 food bank centres in the UK to provide a minimum of three days' nutritionally-balanced emergency food to people who have been referred in crisis, as well as support to help people resolve the crises they face. Between April 2018 and March 2019, food banks in our network provided a record 1.6 million food supplies to people in crisis, a 19% increase on the previous year.



More Than Food; Jo Duncan from Dracaena Centre Falmouth has been supporting our clients with financial, debt, welfare benefits and related advice. This advice is provided in partnership with The Legal Advice Centre (University House) and has been well received by our clients that are in crisis. If you need these services Jo is at the Dracaena Centre for drop in sessions Mondays 2-4pm or Friday mornings 10-12. Free legal advice can be arranged by appointment too, often via Skype to a solicitor. Call 01326 319414 or email

admin@dracaenacentre.org for more information.

www.dracaenacentre.org



NEW FRIDGE AND FREEZER!

As a result of being nominated by an employee of Currys PC World at Treliske Retail Park, Truro, we are so very grateful to GRUNDIG for donating to us a new large refrigerator and separate large stand up freezer. Although we cannot routinely take perishable food donations this will help us with donated bread which can be frozen and occasional fruit donations for example. A very big thanks you too all concerned



Opening Times: **MONDAYS - 11 am to 1pm THURSDAYS - 2pm to 4pm**

Penryn & Falmouth Foodbank
Highway Community Centre
Church Road, Penryn, TR10 8DA

01326 618575

foodbank@highwaychurch.co.uk

Registered Charity No. 1038185
Registered in England & Wales

penrynfalmouth.foodbank.org.uk

Here's a reminder of how it all works

In order for people to obtain food, a referral system is in place and clients can obtain vouchers from multiagency professionals such as their support worker, doctor, CPN, health visitor or Citizen's advice Bureau.

There are of course many other things that surround people needing food such as problems with housing, employment and debt and we can signpost them to different agencies to help.

The Foodbank is run by many dedicated volunteers from various churches and those in the local community. Falmouth and Penryn Churches together work in unity for the best possible outcomes.



Increasing family? Grandchildren? New Nieces and Nephews?

We have a wide choice of children's clothes, items and toys for 0-10yrs olds.

Little Treasures shop is now open Mondays from 1000hrs - 1300hrs and Thursdays 1400hrs - 1600hrs. As well as getting a bargain, the money you spend goes towards the work of the Foodbank.

New heating is being donated and installed in Highway House by BRITISH GAS and WORCESTER/BOSCH, all organisations who use this building can now look forward to a warmer time this winter for clients and volunteers!