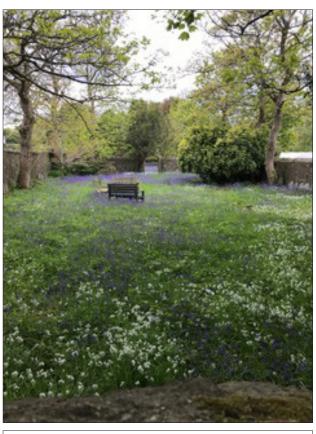


An Krenner Kernewek The Cornish Friend Number 9, May 2019



This lovely spring-time picture of Budock Burial Ground is by John Francis, Falmouth Meeting (copyright). Submitted by Vernon White

UK Parliament declares a Climate Emergency

A group of Extinction Rebellion people set off from Lands End on 11th March and marched to London. The Group included Quakers and was supported by Quakers on the journey. Others from around the country joined the march and the rebels blocked the roads of London for 10 days from 15th April. Quaker Meetings for Worship were held on Waterloo Bridge. The police turned out in force and over 1,000 arrests were made as the peaceful, non-violent rebels sang, "we love you" to the police.

On 1st May, MPs passed a motion making the UK parliament the first in the world to declare an "environment and climate emergency". The symbolic move - recognising the urgency needed to combat the climate crisis - followed the protests launched by the Extinction Rebellion strikers. Labour leader Jeremy Corbyn called for the motion to "set off a wave of action from parliaments and governments around the globe".

Editorial

The last two months have seen a great deal of passion about many different issues. Europe and whether to stay or leave is one. There is an article about a Quaker Council for European Affairs study tour in

this newsletter and one about a march to London to try to secure a People's Vote.

Other people are preventing humanity from sliding towards a mass extinction. Thanks to these people, everyone now knows that there is a climate crisis, an ecological crisis and our globalised society is not working well. We have articles about an event in Friends House at which Greta Thunberg spoke, and a minute from a Quaker group at the rebellion on Westminster Bridge. CAM has set up a sustainability group to work on these concerns.

What to do? As Quakers, following our way for over 300 years, we have lots to offer. We know what it is to sit in silence, waiting for spirit-led guidance. We know how to be strong and determined but at the same time, peaceful and full of compassion. Perhaps we can help others to find their paths as we ourselves walk cheerfully over the world.

Jackie Carpenter, editor, quaker@jackiecarpenter.solutions

Cornwall Area Meeting: 17th March 2019

Meeting for Learning

Lucy Zawadzki of Come-to-Good Local Meeting gave a very interesting and informative talk about her work with the World Council of Churches' Ecumenical Accompaniment Programme in Palestine and Israel (EAPPI). "Ecumenical" refers to efforts by Christians of different Church traditions to develop closer relationships and better understandings. Lucy explained that accompaniment means "with bread" - com panne. Ecumenical Accompaniers are of any religion or none and are aged 24 - 70. They give a protective presence to ordinary people going about their business in the areas of Palestine that have been occupied by Israel.

Lucy showed us pictures illustrating movement restriction, which is extremely limiting to Plaestinians living in occupied territories, affecting their right of self determination. This differs from other citizens living and working in West Bank and East Jerusalem.

These illustrations showed that International Humanitarian Laws and Human Rights are being violated on a daily basis in this region. The international community seems to have no answer. However, people like Lucy bring a positive element of help and support.

"The gathered meeting for worship was almost magical"

Tony Faragher

Property Committee

The Terms of Reference for Cornwall Area Meeting Property Committee (previously called the Premises Committee) were agreed. Friends were reminded that buildings and burial grounds belong to Area Meeting and as such are ultimately the responsibility of Area Meeting with its Trustees.

Cornwall Area Meeting Safeguarding Policy

We heard our Safeguarding co-ordinator, Tony Faragher, report on the draft document which covers children, young people and vulnerable adults. The policy had been recommended to AM by both Elders & Overseers and Trustees and was accepted by Area Meeting.

Quakers in Criminal Justice

Decriminilisation of Drugs was a concern which went from Cornwall Area Meeting to Meeting for Sufferings and eventually resulted in the Decriminalisation Network - now a Quaker Recognised Body.

A conference on this subject held in February had a transforming effect on understanding and attitude.

Ffriends were encouraged to consider the problems caused by un-regulated drug use, emphasising that this is a moral issue upon which Quakers can be a true force for change.



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QCEA Brussels Study Tour 26-30 March 2019

Hosted by the Belgium and Luxembourg Religious Society of Friends

Some 27 Quakers were on this Quaker Council for European Affairs (QCEA) Study Tour (16 from the UK (of which six were from Reading Meeting), 4 from the Netherlands and the remainder from Ireland, Belgium, Canada, Germany and Switzerland). Inevitably the focus kept on bouncing back to Brexit, resulting in several discussions.

A number of presentations were made:

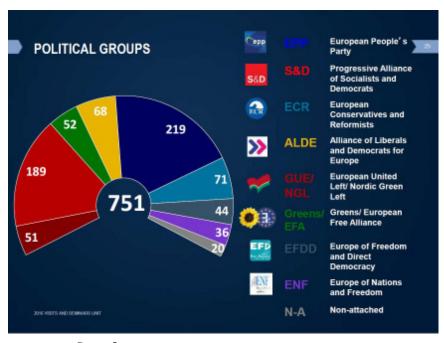
- **Phil Gaskell** told us about the history of Europe with a focus on boundaries.
- **Martin Leng** then gave presentations about the European Commission, the European Council, and the European Parliament. Starting with the six founding members of the European Coal and Steel Community (ECSC) which morphed via EFTA and the EEC into the present 28 members of the EU. The ECSC was first proposed by French Foreign Minister Robert Schuman in 1950 in order to prevent any future outbreak of war between France and Germany. His declared aim was to "make war not only unthinkable but materially impossible", as steel is required to make tanks and weapons, and coal to power the manufacturing industries.
- Olivia Caeymaex, the QCEA Peace Programme Lead together with Andrew Lane, Director
 of QCEA told us about the Peace Building and Human Rights activities of QCEA.
- **Kate McNally** gave us a presentation on "Help the Helpers". Many migrants have been traumatised and Helpers who work in this area can themselves suffer from vicarious or secondary trauma. This can manifest itself as Compassion Fatigue or even the Helper can also become traumatised. Kate McNally has set up a programme to train people to Help these Helpers.
- **Kate McNally** also told us about the work of QCEA as a recognised INGO (International Non-Governmental Organization) and her work with the Council of Europe (which is not the same as the European Council).
- **Andrew Cutting** gave a presentation on the Council of Europe which has 47 members and of which the UK would still be a member in the event of a "No Deal" Brexit.

A number of visits was organised which included to the EU Commission, European Council and European Parliament. I was impressed with the tour guides who were well trained and gave slick presentations and handed out bags of goodies. Thankfully we were spared the National Trust trick of "exit via the Gift Shop". Unfortunately for us the European Parliament had just had a

plenary session in Strasbourg, so there was not much activity in the Brussels Parliament. If our Quaker MEP, Molly Scott Cato for the South West Region, had not been to Strasbourg I am sure we could have met up with her in Brussels.

There are contrasting styles between the EU MEPs and UK MPs in their way of working.

The UK has basically a two party adversarial system whereas the EU has nine political alliances which has to be cooperative and consensual in order to function.



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There is some concern that in the next EU elections a number of "Populist" (extreme right wing) members could win a number of seats, and if these were to take an adversarial stance, then the whole cooperative way of working would be brought crashing down.

Can you imagine an European Parliament functioning with 30 Nigel Farage type MEPs?





Cartoon provided by the Netherlands Religious Society of Friends

The Quaker Council for European Affairs, even though on a small budget, is punching way above its weight. It is about 40 years since it was founded and a number of QCEA staff will be taking part in the upcoming 40k run in Brussels. Please see me for sponsorship forms. Even in the case of No Deal Brexit, QCEA will be needed even more. QCEA is also an International NGO with the European Council and very active in lobbying for Human Rights having had some successes in influencing decisions.

Some of us also went to Ypres to the museum and the Menin Gate. On this memorial are the names of 54,395 (of 90,000) soldiers who died in the First World War in and around Ypres who have no known graves. Ypres was quite overwhelming and I was emotionally drained by the end of this Study Tour. by Anthony Loveys 9th April

Project Q

Project Q will be a new cohousing community with shared communal spaces and private living spaces, where we will be dedicated to helping people and the environment, showing how we can survive and thrive during and after a crisis. It will be a loving community based on Quaker principles (truth, peace, equality and simplicity) with strong links to other Climate Crisis groups. Look it up on www.projectq.community.

There will be a discussion weekend about this project on 31st May - 2nd June near Come-to-Good. Please email <u>jackie@projectq.community</u> if you'd like to know more.

PRAYER (sent in by Moira Fitt)

Moments of great calm
Kneeling before an altar
Of wood in a stone church
In summer, waiting for the God
To speak; the air a staircase
For silence; the sun's light
Ringing me, as though I acted
A great role. And the audiences
Still; all that close throng
Of spirits waiting, as I
For the message.

Prompt me, God; But not yet. When I speak, Though it would be you who speak Through me, something is lost. The meaning is in the waiting.

R. S. Thomas

The London March for A People's Vote The View from Cornwall

Saturday 23rd March 2019 - it was an early start alright - 4am from the Moor in Falmouth, but a beautiful fresh, balmy morning saw us driving off on the long road to London. Our coach filled up to capacity at the next pick-up point at Victoria and the scene was set for the 250 strong Cornish contingent (on the coaches alone) to join the People's Vote March. Right from the start it was evident that the organisation of the coaches was in excellent hands -

Tom was our coach mediator, and provided us with all the relevant information. Song sheets were distributed and Tom led us in a run through practice of the especially composed "Cornish protest songs". Despite the early hour, all belted out with gusto and good humour.

As we neared our drop-off point at the Albert Hall the crowds began to thicken, and the stream of blue and gold flags was growing rapidly into a sea. As we moved slowly off on the route through central London, the Cornish flags became somewhat dispersed in the immense wave of marchers. There was an incredible growing sense of solidarity and purpose, and above all perhaps, good will in the crowd apparently over one million strong. As we progressed slowly along the route, conversations were struck up and the extraordinary diversity of people became apparent. Young, older, some with walking aids, others in wheel chairs, families with children, some riding high on their parents' shoulders, individuals from all walks of life, culture and country, but all united as European supporters and undivided in their aspirations for remaining in the European union.

There were street bands, DJ's and cheering crowds lining the route and in the midst of the melee a Hare Krishna devotee serving free home-made veg curry from 2 huge cauldrons. At increasingly frequent intervals a great roar rushed through the procession, accompanied by whoops, whistles and drums like a wave of affirmation and recognition - but always uplifting, positive and unifying. Many amusing and imaginative - even poetic banners were on display, including the Cornish one which was scone-themed, but dominated by the lovely cobalt blue and gold stars of the European flag. There was a visible absence of policing, and, no wonder - there was no hustle, no anger or aggressive behaviour.









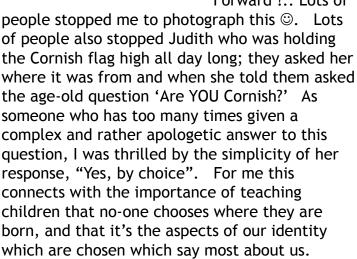
En route well-wishers lining balconies, clinging to scaffolding, standing in doorways cheered us on, it seemed like the whole of central London were there to encourage us. Only when we reached Downing Street did the chants become slightly sharper, mostly about the Prime Minister - I doubt she heard them.

Courtesy and helpfulness was everywhere - I dare say, a thoroughly civilised event. It was an uplifting experience with a peaceful and good natured atmosphere - a protest march with positivity and heartfelt hope.

by Judith Ingram - Falmouth Meeting

I am impressed by Judith's description which I confirm, and would like to add a little more, I hope not to be controversial...

First to explain the scone-themed banner which I carried, it said Two ways to eat your scones (illustrated with jam on top of the cream and and jam beneath the cream) One Way Forward !.. Lots of



Further, I'd like to share the banners that meant most to me: one saying "Democracy means knowing what you are voting for" and one quoting David Davies saying "Democracy ceases to be democracy if it cannot change its mind". And the child carrying a banner saying "I'm here because Grandad voted Leave".

It was truly a joy to participate, a memorable day, and Judith was great company.

by Deborah Mitchell Falmouth Meeting





I feel so happy that I just have to laugh out loud

Three years ago, after an 18 year gap, I took up horse riding again. My mum had just had treatment for breast cancer, and once we both had time to breathe afterwards she persuaded me I should start doing something that was just for me. Re-discovering my bond with horses has been the purest joy, and the coaches at Lakefield Equestrian are very experienced in working with disabled riders, so I've been able to take up dressage and develop my skills to a level I'd never previously dreamed possible. I have now been lucky enough to compete at two RDA National Championships, and last year my Willow and I somehow came away with a first and a third. I still can't believe that happened!

Competition season is now upon us again, and I've recently started riding a new horse, Karry, so we shall see how that goes. The most important lesson I have learnt through all of this, though, is that my relationship with the horse only really works when I give up control and instead trust in our partnership, so that (hopefully!) together we are better than the sum of our parts.





The same goes for my faith, which only works when I stop trying to be in charge and accept that it's about putting my trust in God/something bigger than me - all of which is a bit of a relief, to be honest, after trying to do everything for myself, probably for too long.

Sometimes when I'm riding I feel so happy that I just have to laugh out loud. I feel truly blessed to be getting such an unexpected opportunity, even in my mid-fifties, to learn new skills and to have horses in my life once more. What luck!

The logo on my t-shirt reads 'Never under-estimate a woman in her fifties who can ride a horse'. Nuff said!

by Claire Tregaskis

English is difficult.

It can be understood though through tough thorough thought.

Westminster Abbey and the Prince of Peace

Excerpts from an article by Jill Segger, submitted by Nancy Thompson, Marazion LM

Quakers took part in the protests at Westminster Abbey. The Abbey drew widespread criticism from faith and peace organisations for holding a 'National Service of Thanksgiving' to mark '50 years of Continuous at Sea Deterrence'.

Paul Parker, recording clerk of Britain Yearly Meeting (BYM), spoke at the demonstration outside the abbey. He said: 'We are glad to stand here with others today who wish to declare to the world that nuclear weapons should be removed from the face of the planet.'

He added: 'The Quaker understanding of the New Testament and the teachings of Jesus is that we are called to live in the life and the power that takes away occasion of war.'

Trident submarines are continuously at sea. Each one carries up to 96 nuclear warheads, and each warhead has a yield eight times that of the bomb dropped on Hiroshima. The capacity of these weapons to inflict catastrophic damage on cities and their hinterlands is beyond anything the world has experienced. Their use would impact the climate in a way which would affect the entire planet. Not one of us - however far away we may be from any ground zero - will escape the physical and mental horror of destruction on this scale.

But Westminster Abbey - 'the nation's parish church' and the place where Empire so often conducts the pageantry which seeks to colonise faith, held a 'National Service of Thanksgiving' on 3 May 2019, to mark '50 years of Continuous at Sea Deterrence'. That is, a celebration of weapons which, even if you subscribe to the doctrine of the Just War, cannot be justified: it is impossible for these weapons of mass destruction to fulfil the requirement of Just War theory that the use of arms must not produce evils and disorders graver than the evil to be eliminated.

To bring together leaders of governments and armed forces to 'give thanks' for a policy demonstrating the terrible failure of politics, diplomacy, morality and reason is a repudiation of the mission of the church. In the words of British Quakers' representative body, Meeting for Sufferings: "We believe that no one has the right to use [nuclear] weapons in his defence or to ask another person to use them on his behalf. To rely on the possession of nuclear weapons as a deterrent is faithless; to use them is a sin."

Lifeboat: a film

Jon Castle was a member of Bideford Meeting and his Testimony is before Friends this year at BYM. He had a long association with the sea and one of the last things he is known for is the subject of an award winning film LIFEBOAT. It was already won several awards and is now nominated for an Oscar in the short documentary category.

The film was shown locally at the Plough Arts Centre in Great Torrington and was presented by a Medecines san Frontier worker to explain the importance of the work of rescuing refugees in the Mediterranean.

Lifeboat: Drector - Skye Fitzgerald. 34 mins long. About the work of the rescue vessel SeaWatch. Awards - Telluride Film Festival 2018, Woodstock Film Festival 2018, Portland Film Festival 2018 +3 more.

This film needs to be better known amongst Friends. Barbara Sharrock, Bideford Meeting

Quakers and Extinction Rebellion

Minute from XR Meeting for Worship (initiated at the MfW on 19th April) held at the Extinction Rebellion camp at Marble Arch, Easter Sunday, 21st April 2019.



We are called here in a spirit of Peace. Love and Truth to bear witness to the pain of our planet. We must take heed of the warning of science, which is clear. Those children being born into the world today face a world of catastrophe, social collapse and mass extinction. This is a Truth we can discern ourselves: we see floods and wildfires, we see famines and wars and the displacement of peoples, we see the loss of glaciers and ice caps. We grieve at the loss of so many species and habitats. We uphold the Rights of Indigenous Peoples, who are at the forefront of the struggle for Climate Justice. All over the world, the poorest are bearing the brunt, but all of us will suffer. The next generation may be the last.

This is not our world to burn. "Where were you when I laid the Foundations of the Earth?" (Job 38:4). Where shall we be if we render it uninhabitable through greed and recklessness? This heedless destruction of the natural world must be halted. "We do not own the world, and its riches are not ours to dispose of at will. Show a loving consideration for all creatures and seek to maintain the beauty and variety of the world. Work to ensure increasing power over nature is used responsibly, with reverence for life." (Advices & Queries 42).

As Quakers we remember and hold true to our traditions of non-violent resistance. From the start our testimony has been one of peace, of freedom of worship, and opposition to oppression and injustice. People have come together, in grief and in anguish, because the time to change is running out. We pay tribute to the commitment and bravery of Extinction Rebellion and the School Strikes for Climate. We are with you and part of you. To all those arrested, we hold you in the Light.

To governments and businesses, we urge you to act with urgency and vigour. Acknowledge the truth: this is an emergency. Act at once to reduce carbon emissions to net zero. Establish Citizens' Assemblies to guide your actions.

To Quakers across the world, and to all churches and all faiths, we share this call for action and prayer. We all live under one sun. In the face of imminent global cataclysmic events, the time to act as one is now. As Ghandi said, "Be the change that you wish to see in the world."

Sustainability Group for Quakers in Cornwall

The group held its first meeting at St Austell Meeting House on 27th April and set up its terms of reference. The first objective will be to raise awareness, support and inform Friends in Cornwall of issues relating to sustainability and the ecological and climate emergency. We also made a list of proposed actions and will be inviting Friends in Cornwall to undertake these. Add your ideas! Contact quaker@jackiecarpenter.solutions

Greta Thunberg at Friends House

Swedish climate-striker and Nobel nominee, 16year old Greta Thunberg, sparked a global strike to protest at the lack of government action to combat the climate crisis. In just more than seven months the movement has grown from a single young woman outside the Swedish Parliament to over 1.4 million young people striking from school across one hundred countries.

On 22nd April 2019, at an event livestreamed by Guardian Live, she was welcomed to Friends House by Young Quakers. The event was in partnership with the UK Student Climate Network, Greenpeace UK, Amnesty UK, Campaign against Climate Change, Friends of the Earth, 350.org, NUS, Policy Connect, 10:10 Climate Action, Parents4Future, Quakers in Britain, WWF and also APPG on Climate Change. She shared the platform with Anna Taylor, from UK Student Climate Network, who is currently studying for A levels. Both young women spoke fearlessly, passionately, decisively and knowledgeably about the student strikes for climate change, which have been undertaken because the adult politicians in government have failed to act. Caroline Lucas, Green Party MP, gave a speech first and then shared the platform with them.

Asked what she expected would happen when she started striking from school every Friday, Greta said she didn't expect anything. "I'll do whatever I can to get attention for climate change." Both girls said that the Australian students coming out on strike in their tens of thousands, was the tipping point for the movement becoming global. Asked if Sweden is changing, Greta said people are talking about it a bit more, but it remains at the level of discussion. Nothing much has changed." Greta dismissed a question about lowering the voting age to 16 with, "I don't care." What she does care about is governments following the Paris Agreement, not getting hung up on demands, but referring to the science and acting accordingly. She said it is important for Young People to have a say in things. Anna said some schools are supportive and others not, but students are feeling empowered to get their voices heard anyway. Anyone of any age would be welcome to join them.

Greta said that school strikes on one day a week are very symbolic and students can still catch up with their work during the rest of the week. Then she said, "Why should we study for a future when we have our future taken away from us? Why should we go to school to learn facts when facts don't seem to matter?" She emphasised that an emergency means she has to do something and take a stand.

Caroline Lucas talked about the importance of the continuance of the movement, preparing for the long haul, and the importance of everyone having a role, not necessarily by being on on protests, but taking care of those who are. She warned against burn-out and to prevent this, the importance of looking after and supporting each other. Greta emphasised that this is an existential crisis and not something that is going to disappear in a few years. "It's not just a movement, but a crisis and we have to act accordingly!"

When asked about whether the movement is taking its toll on government, she said that some politicians are beginning to recognise it, but that it should be the politicians' utmost priority to address the climate crisis and "we are not seeing that yet." We need to adopt policies to reflect it. The question was asked if globally the student activists are talking with each other. "Yes," replied Greta. They are in internet contact and it is very spontaneous. Someone said, "You're the leader of it." She replied, "I'm not a leader. I'm a part of it. There are many people more or less engaged with it. We are all important. Everyone speaks for themselves. I'm seen as a kind of representative. It's a huge responsibility ... no-one is irreplaceable."

Caroline Lucas said it was an urgent matter to get politicians into Parliament who would treat climate change with the seriousness it deserves. We know what to do, but there is a lack of political will. Pressure from the streets is part of it and so is changing the voting system, because the system is broken. Politicians need to understand that it is no good just to have more policies bolted on to "business as usual." Very few MPs grasp the fact that our economic system needs to change.

Anna said that the student movement is not party political and represents every shade of thought, but we need a system change. Greta's take on it was that the political bit was not for them, but we must listen to the science and ask what to do now and how to change. Civil disobedience is needed to show that this an emergency and to form people's opinions.

A question about Extinction Rebellion and the student protest movement received the answer that they are all working together towards the same goals. We need to work together for change. A girl in the audience, who said she is autistic, asked about provision in the movement for the voices of those who are neuro-diverse to take part. Greta said she is also on the spectrum and there are lots of people who are on the autistic spectrum involved. She highlighted some of the benefits, including: being more likely to see through the lies that are being told by government etc. and not taking things at face value; being black and white (you can't be a 'little bit sustainable! Either you are sustainable or you are not!"); we listen to everyone. Anna said that there are quiet spaces provided in their protests where people who feel overwhelmed can withdraw for a while.

Someone asked if the panel thought that we could achieve our goals in the time we have left? Greta said we can if we start now, but we need to act fast. She pointed out that rather than picking up on individual things we could do, like becoming vegetarian or vegan, we need to be doing all of the things and seeing the solutions holistically. We need to create awareness and create opinion to enlighten the fact we are in an emergency. When we start treating the crisis as a crisis, then people will understand. The biggest and most dangerous misconception is that most people are aware. They are not!

A question was asked, "How do treat people who are in denial?" Greta's immediate response was, "I don't!" She called for us all to have conversations, change our habits, join in and strike with the students. Anna and Greta were asked for their views on the roles of documentaries in raising awareness about climate change. Anna said that watching documentaries highlights what the media are leaving out. They can spread awareness which serves the purpose of people seeing how beautiful the planet is and that it is in danger. It strikes the chord that leads to a response that, "I need to do something". Greta's take on it was that too often they are hopeful and give the impression that things are happening to change things, when in fact nothing is changing.

Caroline Lucas made the point that we need more honesty and truth. "We can't protect what we don't love and we don't love what we don't know." Loving nature is very important. There has to be an emotional response. We need fuller education at school about climate change and nature and this has to happen at primary school where currently there is a little room for it in the curriculum. At secondary level there is no space for it. Someone in the audience said that 100 companies are doing 80% of the damage and they are big lobbyists. It is one thing to engage with people and help them become aware, but how do we deal with these companies that are ruining the earth? Greta said that they must be challenged and people need to become aware and through democracy force them to change. Anna added that we need to expose "greenwashing" and challenge them across the world. We must continue to do this. Caroline Lucas added that politicians gave them the power, politicians can take it away again. We need regulation. She made the point that if we stay in the EU, regulation would be easier to do. The final point made was that the most emissions are not caused by individuals and we need to educate corporations and states.

By Gaynor Drew, Come-to-Good Local Meeting

Climate Breakdown and Migration

Tatiana Garavito, Sanctuary Everywhere Programme Manager for Quakers in Britain, has just released (14 May) a blog seeking to draw the connection between climate breakdown and our work on migration. It's on the Quakers in Britain website at the following address.

https://www.quaker.org.uk/blog/what-does-climate-change-have-to-do-with-our-work-on-migration?fbclid=lwAR1gVx4lRujsqBrfVMlzxHvLNau3aP5YL6KCDEFG9jYzVgVi2nbja03gb-s

At a local level, please could we also consider supporting the following. Even a small donation will help to enable a breakthrough which is symbolic in Cornwall. All donations will be DOUBLED.

https://www.crowdfunder.co.uk/welcome-a-refugee-family-in-falmouth-and-penryn



What do Quakers say?

- * There is something sacred in all people
- * All people are equal before God
- * Religion is about the whole of life
- * In stillness we find a deeper sense of God
- * True religion leads to a respect for the Earth and all life upon it
- * Each person is unique, precious, a child of God

A Quaker weekend: 22nd - 25th August: facing the environmental challenges of our time. Camping and living simply on a farm near Helston. Local B & B also available. Booking will open soon. Put the date in your diary!

Diary dates 2019:

Cornwall Area Meetings, at St Austell Meeting House for the time-being.

Sunday 21th July 2019

Sunday 15th September 2019

Saturday 16th November 2019

Meetings for Learning

Saturday 29th June 2019 - Quaker Life Workshop *Opening Doors to Talking about Mental Health* - St Austell Meeting House

Saturday 28th September 2019 - Spirit Led 'Retreat' *Standing in the Light*, *Sitting in the Dark* - Come to Good Meeting House

Saturday 12th October 2019 - Safeguarding - St Austell Meeting House

Printed copies of this newsletter

This newsletter is published as a coloured pdf file for sharing by email.

Please contact me, Jackie Carpenter, (quaker@jackiecarpenter.solutions) if you would like me to email you a copy without the coloured boxes for cheaper printing.

Please send any contributions for the next newsletter by the end of June 2019. News from your Local Meeting; short insights; poems; pictures (as separate jpegs please); weighty articles (but brief) - all are welcome. Please send by email, & put "Quakers" in the subject line. Thank you. quaker@jackiecarpenter.solutions 07592 741 065