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To: ctcinfohub@gmail.com
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NHS Cornwall and Isles of Scilly Integrated Care Board distributed £300,000 to 33 community projects

The NHS funding pot, delivered via CCF, supported 33 local voluntary, community and social enterprises, which are now running specific projects targeting c.3,200 vulnerable young people of children and young adults experiencing poor mental health.

The 33 successful groups included Carefree Fostering, Penhaligon's Friends, St Petrocs, Wild Young Parents, RJ Working which will also cover the Isles of Scilly, and many other projects. These community projects and charities will provide much needed help all across Cornwall from Launceston to Hayle, and also the Isles of Scilly. [Read more.](#)



Pictured: Children from Penhaligon's Friends

Donate the Rebate campaign raised £21,415 to support local communities facing hardship over the winter

Transformation Cornwall teamed up with Crowdfunder, The Diocese of Truro, The Cornwall and Isles of Scilly Methodist District and Cornwall Faith Forum and raised an incredible £21,415 to Poverty Hurts, CCF's cost of living appeal.

Thanks to the tremendous community spirit and generosity of those who donated their energy rebate to help those in need, the funds raised by the Poverty Hurts appeal has provided grants for grassroots charities and community organisations whose demand for support increased due to the rising household costs. **Read More.**



CCF Trustee, Sam Galsworthy, pays a visit to Wadebridge Foodbank and Storehouse

CCF Trustee, Sam Galsworthy, spent a morning with Wadebridge Foodbank and Storehouse to see the incredible work they do for their surrounding communities. Sam recorded the incredible work and impactful conversations on his mobile phone. **Watch the full video here.**





A fabulous time at the Royal Cornwall Show

What an incredible three days at this year's Royal Cornwall Show.

Thank you to everyone who came to see us. The sun shone and the CCF team had a wonderful time catching up with friends, local businesses and the lovely public. Thank you to our CCF Chair, Kim Conchie DL FRSA, and to our wonderful Trustees, Graham Clarke and Joe Turnbull, for joining us on our stand.

Thank you to Tregothnan for being wonderful hosts again this year and providing the most delightful cream teas and refreshments. Another thank you to Rodda's for providing all the delicious clotted cream and milk!



Pictured (L-R): Amy Fairman, Graham Clarke, Joe Turnbull, Kim Conchie DL FRSA, Genna Williams, Donna Wheadon and Tamas Haydu.

The Great Garden's Great Art Auction has begun!

We are delighted to have been chosen as the beneficiary for this Year's Great Gardens of Cornwall Great Art Auction.

This year nine local artists are working with nine of the Great Gardens to create a one-off piece reflecting what spring means to them, each taking a garden as inspiration.

This unique collection will be exhibited at Lemon Street Market in Truro from 13th-20th of June 2023 (open 9am-5pm; closed Sunday 18th).

The pieces will then be auctioned in aid of CCF on the evening of Tuesday the 20th June. Doors will open at 6.30pm for a drinks reception, and bidding will start at 7.30pm.

[Click here](#) for further details of the artists and to reserve a place at the auction.



Tam spends a day in the Loveland field for Falmouth Food Co-op with Budock Vean Hotel

Last week our Development Director, Tam, spent the day volunteering in the Loveland field for Falmouth Food Co-op alongside our wonderful business club members Budock Vean Hotel. The Loveland field consists of a commercial garden, a community garden, medicine garden, grains project and much more.

Sarah, from Budock Vean Hotel, said: *"It really was so good to see firsthand the impact that some of our fundraising has had. The community field at the Falmouth Food Coop is thriving and bursting with all sorts of growing activity. We felt very lucky to be there and welcomed by the volunteers, many of whom turn up each week to get stuck in. There was a true sense of camaraderie and a satisfying sense of achievement from turning up, rolling our sleeves up and getting our hands dirty."*



Welcome to the CCF team, Sonya!

We're delighted to introduce you to the newest member of our team:

Sonya O'Hea - Head of Programmes

Before joining CCF, Sonya worked with Cornwall Voluntary Sector Forum

and previously with Cornwall Disability Forum. Her past career also includes two roles at Falmouth University, managing bursaries and awards as part of the Student Funding Team, and as General Manager of the Falmouth & Exeter Students' Union.

Originally from Penzance, Sonya is now based in Falmouth where she lives with her family and enjoys cycling, an occasional swim (when the water is warm!) and any opportunity to get out on the coast path or in the countryside for a long walk. [Read more](#)

HOW YOUR DONATIONS HELP

Oasis Centre receives funding to help fight isolation within communities

The Oasis Centre supports people St. Columb, St. Ervan, St. Eval, St. Mawgan and surrounding areas who are in a condition of need, hardship, distress, ill-health, disability or other disadvantage. CCF awarded Oasis a grant of £5,000 from the Adult Social Care programme funded by Cornwall Council. The grant enabled Oasis to equip people still struggling from lockdown to cope with isolation in a constructive way. [Read more.](#)



Thank you to our donors and supporters who make it possible for us to help Cornish communities.
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For stories about the difference the Foundation makes for communities and people in Cornwall, ***click here.***

Positive change for one and all



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