

# Make a difference, make a pledge, or two...



If you would like to take some practical steps towards making a difference then do as many of the top ten pledges below as you think you can achieve.

## Pledge ONE

I pledge to ring my electricity supplier over the next 24 hours and see if I can switch to green energy (if not I will find one)!

## Pledge TWO

I pledge to buy local seasonal produce as much as possible – starting with at least 2 meals a week

## Pledge THREE

I pledge to educate myself about the science and impacts of climate change.

## Pledge FOUR

I pledge to contact my MP and my friends and make these pledges too

## Pledge FIVE

I have pledged to walk, cycle, use public transport or register with [www.carsharecornwall.com](http://www.carsharecornwall.com) 08700 11199 to travel to work or regular journey at least once a week.

## Pledge SIX

I have worked out my own carbon footprint using one of the many easy to use carbon calculators eg, <http://footprint.wwf.org.uk>

## Pledge SEVEN

I pledge to do a 'home energy check' to find out how I can save energy in my home. [www.energysavingtrust.org.uk/resources/tools-calculators/home-energy-check](http://www.energysavingtrust.org.uk/resources/tools-calculators/home-energy-check)  
If you don't have internet ask the Energy Saving Trust on 0800 512 012

## Pledge EIGHT

I pledge to turn my thermostat down or use a thermometer to reach the lowest comfortable temperature, typically between 18-21°C & think about putting on a jumper instead.

## Pledge NINE

I have pledged to reduce my holiday air miles by 50%.

## Pledge TEN

I pledge to research 'Driving in a greener way' by google/research or by ringing up a driving instructor and booking a lesson to learn eco-drive ideas.