

22 JUL 2024

Dear Friends,

We hope this message finds you well. As always, we deeply appreciate your unwavering support for our community.

Challenging Times: Due to the economic situation, we have a lot more clients, many of whom are working and still finding it hard to make ends meet and at the same time we are not receiving as many food donations as we did in recent times.

Our Response: To address this urgent need, we have had to purchase essential items ourselves. While this is unprecedented for us, it is not a sustainable solution. We rely on the generosity of our community to keep our food bank operational, therefore we would ask that you can spread the word on our behalf, which we would really appreciate.

How You Can Help: Every small contribution makes a significant difference. If you can spare a little extra, it will go a long way in supporting those who rely on our services. Here is a list of the non-perishable food items in high demand:

- Size 7 nappies
- Tinned Meat
- Tinned Peas
- Washing Up Liquid
- Laundry Capsules
- Toothpaste
- Toilet Rolls
- Tinned Carrots
- Dog Treats
- Cat Treats

Local Drop-Off Points: If you'd like to donate in person, please visit any of the following drop-off locations:

- Penryn & Falmouth Foodbank (

Mondays: 11:00 AM - 1:00 PM or Thursdays: 10:00 PM - 4:00 PM)

- Asda (In-Store Purchases Only)
- Tesco Metro (In-Store Purchases Only)
- Natural Store
- Co-op Boslowick
- Poundland

Online Shopping: For those who prefer online shopping or are able to contribute a little more, we can also accept food deliveries directly. If you place an order please do notify us, that way we can ensure we have volunteers on hand to accept the delivery at Penryn & Falmouth Foodbank:

- Mondays: 10:00 AM to 1:00 PM
- Thursdays: 1:00 PM to 4:00 PM

Our address: Highway Community Centre, Church Road, Penryn TR10 8DA

Please select a delivery during these hours only and let us know if an order is placed to ensure we are in to accept the delivery.

Financial Donations: Visit our website at Penryn and Falmouth Foodbank to make a secure online donation.

Spread the Word: Share our mission with friends and family. Every voice counts!

Your kindness and compassion make a real impact in the lives of our clients. Thank you for being part of our community's support network.

Warm regards,

Penryn & Falmouth Foodbank - Administrator

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Penryn & Falmouth Foodbank

**Highway Community Centre,
Church Road,
Penryn,
TR10 8DA**

