

From: [National Churches Trust](https://www.nationalchurches.org.uk/)
To: ctcinfohub@gmail.com
Subject: Happy Easter from the National Churches Trust
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A carving from Cartmel Priory in Cumbria. Credit: Ioan Said & National Churches Trust

Discover the UK's brilliant heritage this Easter

Dear Supporter,

Happy Easter from the National Churches Trust.

On behalf of our trustees, staff and volunteers, I would like to thank you for supporting us and helping to keep churches open and in good repair. Thanks to you, more churches will be opening their doors and welcoming visitors this Easter.

The long weekend is an exciting time to explore church trails. Stepping in ancient footsteps on a spiritual journey can broaden your mind and boost your wellbeing. And you could discover brilliant parts of the UK's heritage.

To help you, [we have created a guide to church trails](#), with resources and tips to help you explore different local areas.

I hope you enjoy the Easter weekend.

Best wishes,

claire

Claire Walker

Chief Executive

Explore the Easter story through art and heritage



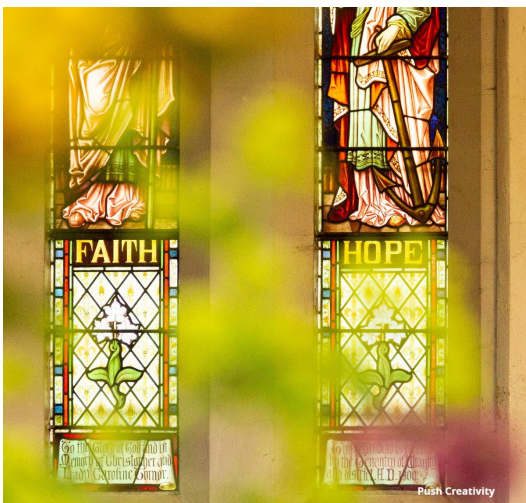
Maundy Thursday

This beautiful carving from Cartmel Priory in Cumbria shows Christ with two of the twelve disciples, with bread and wine at the table. The bread and wine represented the body and blood of Christ and is still used in the Eucharist during church services today.



Good Friday

This beautiful sculpted screen from Bristol Cathedral shows the crucifixion of Christ in the central panel.



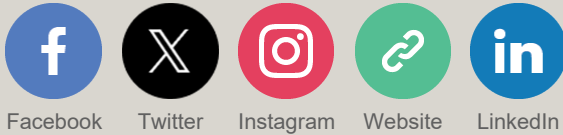
Holy Saturday

This window in All Saints, Wragby, in Lincolnshire, shows faith and hope depicted as figures. The anchor is a Christian symbol for hope and steadfastness. The source for this symbol is Hebrews 6:19, "Which hope we have as an anchor of the soul, both sure and steadfast."



Easter Sunday

This stunning window in St Tysilio, Llangollen, in Wales/Cymru, shows Christ risen within a mandorla. Mandorla is the Italian word for almond nut, and holy people are often depicted inside this shape in Christian art. It is generally used to show the space between Heaven and Earth, which is why Christ is shown within it as he is resurrected.



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