



VIRTUAL
WALK OF WITNESS
GOOD FRIDAY 2020

Falmouth  Penryn Churches Together
working together to share the love of God

Thank you for joining our 'virtual' Walk of Witness

- Each year on Good Friday the churches of Falmouth and Penryn join in a Walk of Witness from Emmanuel Baptist Church to Falmouth Parish Church of King Charles the Martyr, pausing at each church we pass for prayers, reflection and hymns. Up to 150 people take part.
- This year we are 'locked down' due to the coronavirus pandemic and the Walk cannot take place. We invite you instead to join us on this 'virtual' walk and meditate together as we follow in our imaginations in the footsteps of Jesus, praying for our community and coming together at the foot of the Cross.

How to use this video

- The video will be available on social media and the FPCT and CTC websites throughout Good Friday. A pdf version is also available.
- If possible, we suggest you view it from 10am so we are all gathering in prayer at the same time, as we would have done on the Walk.
- You can watch it straight through (approx. 40min), or pause, rewind or skip forward as needed; move your cursor to the bottom of the screen to reveal controls.
- You may like to join in saying the responses aloud, and singing the hymns; the words appear on the screen, and the music is played by Daniel Shermon on the organ of All Saints Church, Killigrew Street.

A note on the images

- Normally on our Walk we display posters from a series called 'Footsteps of Christ' designed by the Benedictine Sisters of Turvey Abbey. Extremely rich in colour, the paintings trace Christ's journey to the cross, from Jesus' willing acceptance of his cross to the crucifixion and entombment, ending with the joy and hope of the resurrection. They offer a vivid feeling of increasing darkness as Christ journeys towards the cross and the fulfilment of his destiny.
- *The images and accompanying text are **copyright The Benedictine Sisters of Turvey Abbey and McCrimmon Publishing Co. Ltd.*** www.mccrimmons.com / sales@mccrimmons.com. *The publishers have kindly waived copyright for churches to use the images online over the Easter weekend in 2020. If you would like to obtain copies for your own use, please visit their website.*

A note on the photographs

- We are using photographs from previous Walks to accompany our meditations. In some of these you may recognise friends who are no longer with us. Let us take the opportunity to give thanks for their friendship and ministry amongst us, and their support of Falmouth & Penryn Churches Together.
- Today we are taking an extended route, allowing us to visit all our churches – a very long walk in reality, but our virtual feet are tireless!
- And now let us be still for a moment before our journey begins.



1: Emmanuel
Baptist Church
Western Terrace



EMMANUEL BAPTIST
CHURCH • FALMOUTH

The Gathering

We gather together at Emmanuel Baptist Church to prepare for our journey. We greet each other, friends and strangers, very conscious this year that we are all in the same boat, following the same journey, threatened by fear but strengthened by hope.

Opening prayer

Let us pray for a closer union with Christ during this holy season.

Almighty ever-living God, you have given the human race Jesus Christ our Saviour as a model of humility.

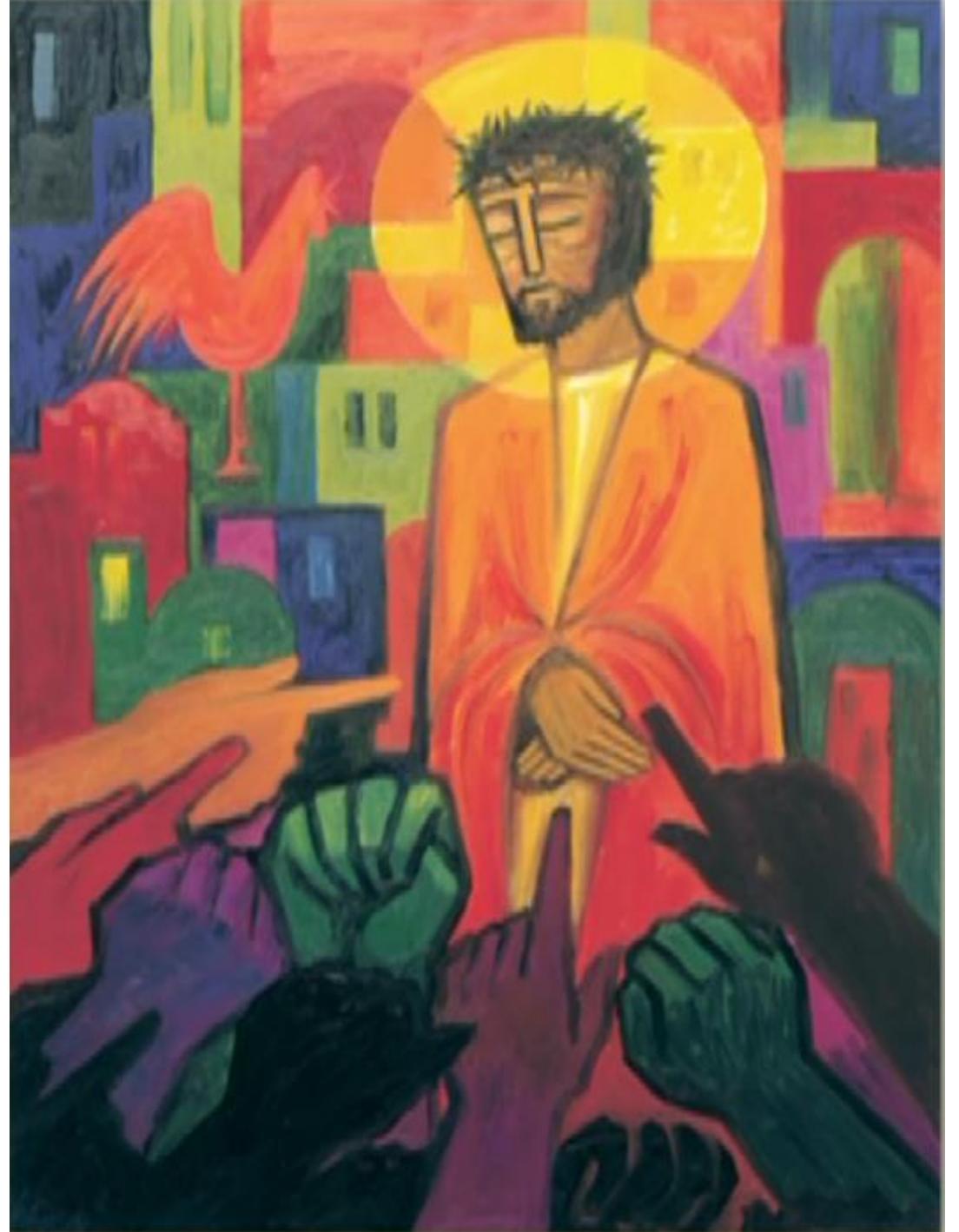
He fulfilled your will by becoming man and giving his life on the cross.

Help us to bear witness to you by following his example of suffering and make us worthy to share his resurrection.

Old Opening Prayer

1. Jesus is condemned to death

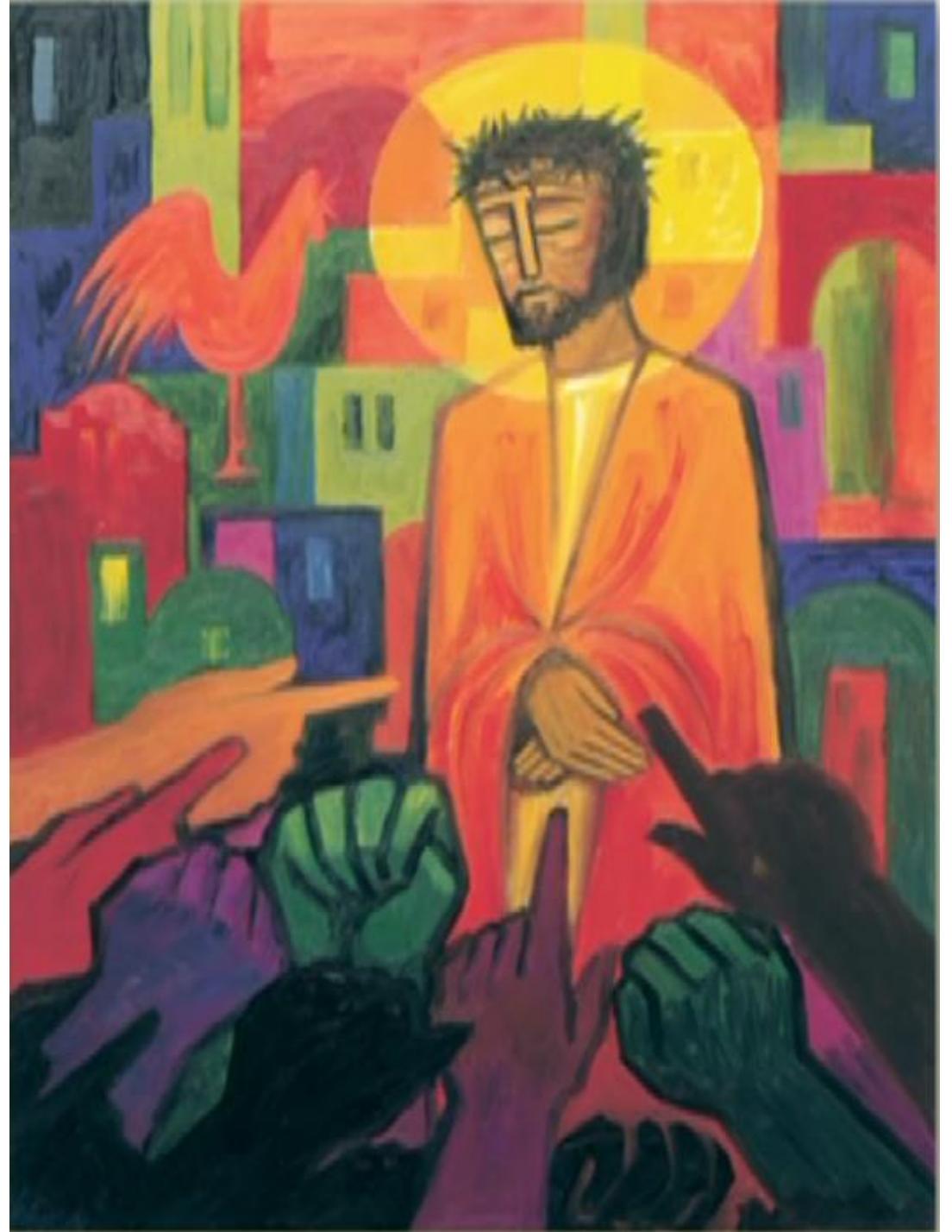
While Pilate was sitting on the judge's seat, his wife sent him this message: "Don't have anything to do with that innocent man". But Pilate washed his hands in front of the crowd, and handed Jesus over to be crucified.



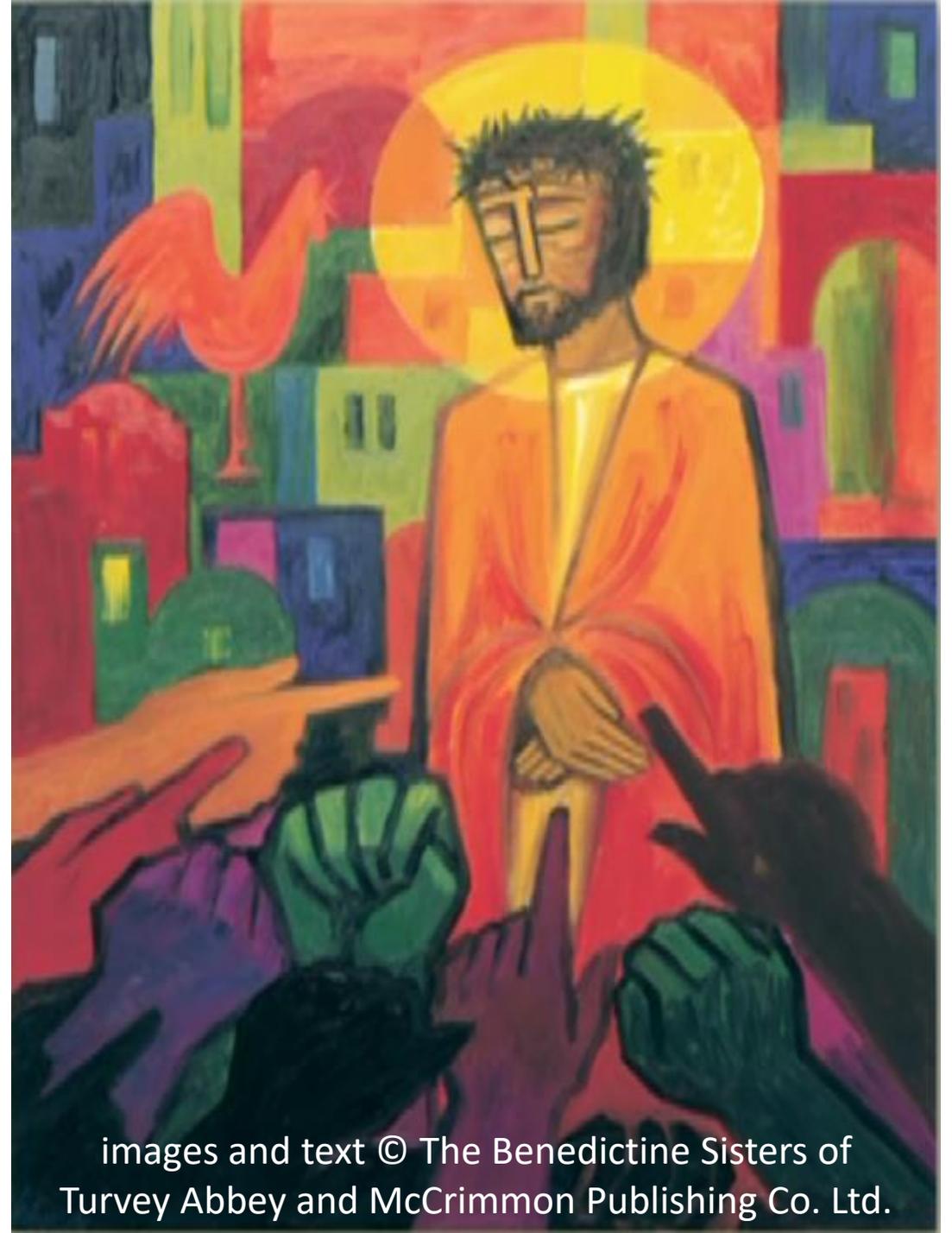
The eve of the passion:
Jesus' hour of darkness
has come when –
*all are to be scattered,
leaving me alone.*

John 16:32

The colours suggest a
glow of fire
somewhere...in the high
priest's courtyard where
Peter sits warming
himself.



The cock is crowing,
large, red, fierce and
raucous.
All Jesus' friends have
deserted him.
Threatening fists,
accusing fingers, are his
only reward
for his life of healing and
teaching.



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Hymn: My Song is Love Unknown



The journey begins

- A volunteer takes up the plain wooden cross.
- It is heavy. We feel its weight pressing down on our bodies. It is too much for one person to carry for long alone. We must all share in carrying this burden.
- We give thanks for the stewards who guide us and keep us safe on the journey. Our witness depends on their practical support.



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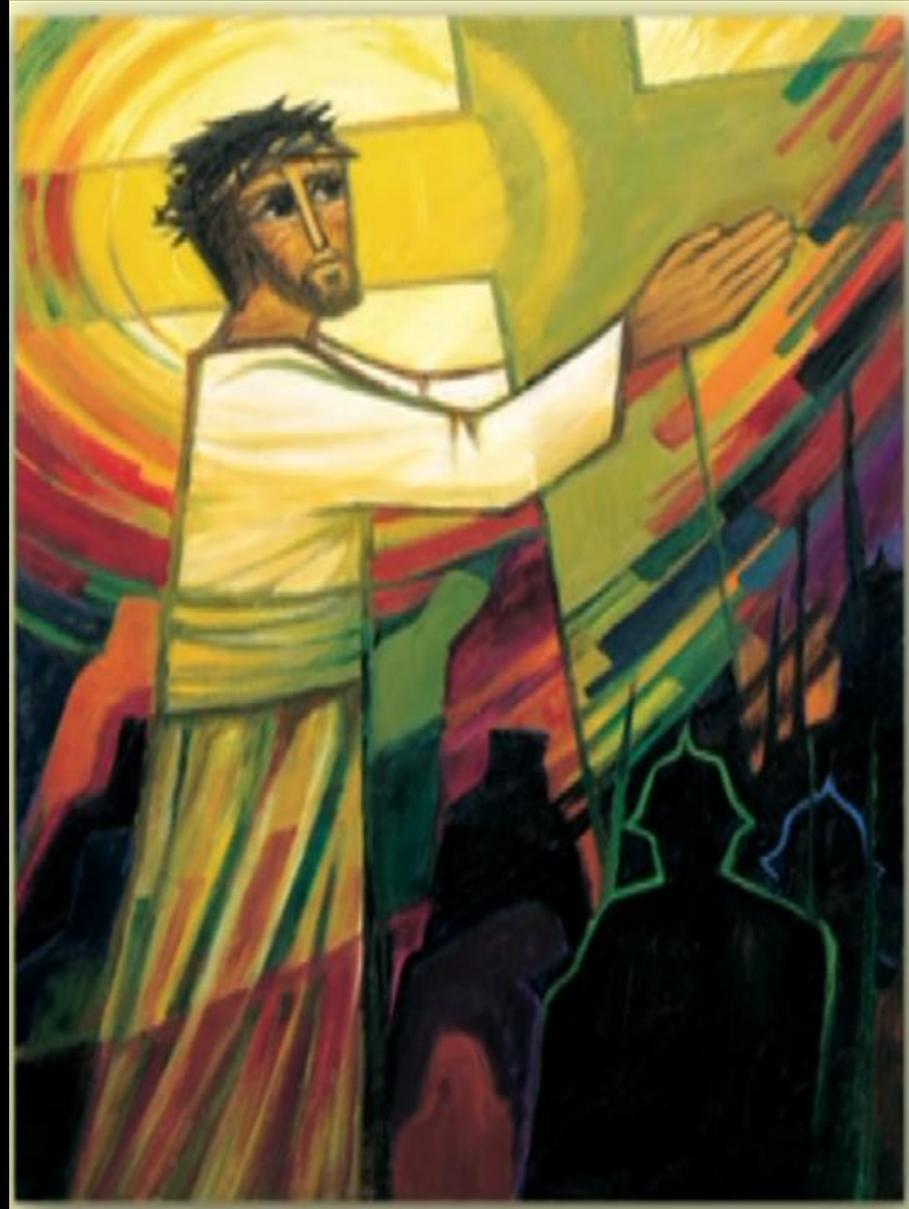


2 All Saints/New Street

- We reach All Saints Church at the top of Killigrew Street, also home now for the New Street Church congregation, part of Transforming Mission Falmouth. We give thanks for this initiative, and for All Saints, reaching out to new people and supporting the existing congregation.



2. Jesus
takes up
his cross
He seems to
welcome it;
yet all the
horrors of
the passion
come
swooping
down on him
at this
moment.



He stands,
straight and
ready.

*It was for
this reason
that I came
to this hour:
Father
glorify your
name.*

John 12:27-
28

Jesus lays
down his life
for the glory
of that
name, so
that we
might live
and give
glory to God.



In the
stream of
suffering
engulfing
him is also
the strength
and love of
God.

- Normally, on leaving All Saints we head down Killigrew Street to St Mary's. But today, on our longer virtual walk, we return to the roundabout and turn into Dracaena Avenue.
- As we pass the Rugby Club, we pray for our sportsmen and women; for those whose training has been interrupted and competitions put on hold.



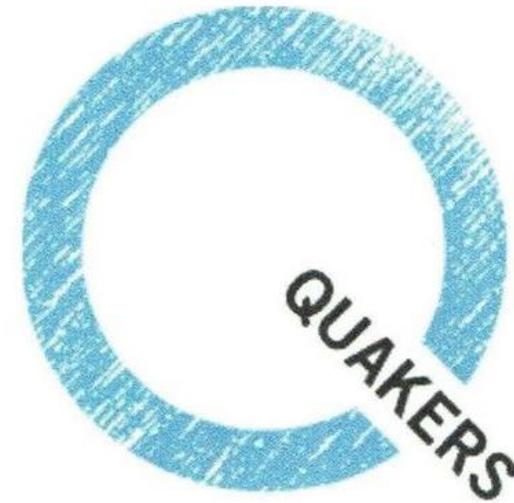
3 Falmouth Life Church – Quakers (Society of Friends)

- We soon reach Life Church Falmouth, formerly New Life Church, and give thanks for its ongoing ministry in the Pentecostal tradition of the Assemblies of God

- We continue along Dracaena Avenue, pausing at the traffic lights to pray for all NHS workers at Falmouth Hospital and our surgeries, and for our ambulance and fire service workers.
- Soon we come to the White House Residential Home and pray for all our care homes, their residents and staff, and for the FPCT Care Home Ministry, bringing regular services to most of our local homes.

Now we turn to the Dracaena Centre, home to many community activities and current meeting place for the Falmouth Society of Friends, otherwise known as the Quakers.

We pause here to remember how Jesus, having been compelled to carry the cross, falls under its weight.



a spiritual path which is

simple

radical

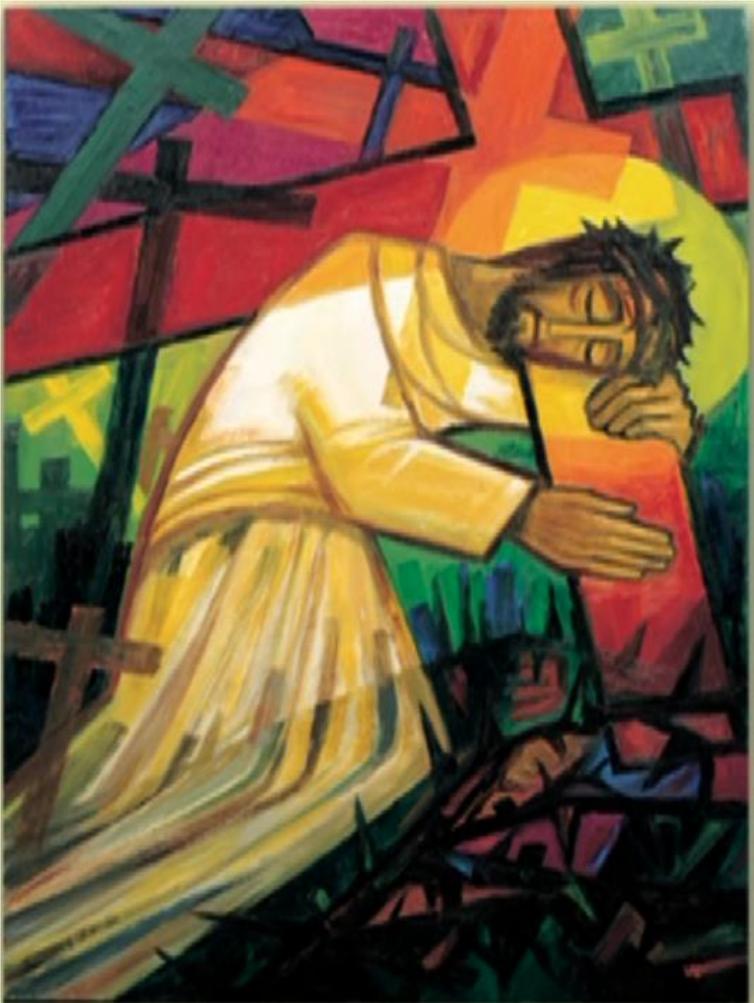
contemporary



3. Jesus falls the first time

Ours were the sufferings he bore, ours the sorrows he carried.

Isaiah 53:4 / 1 Peter 2:22-24



3. Jesus falls the first time

He was not carrying that one and only Cross. He was weighed down, crushed by the crosses of all the world. Whatever we suffer, Jesus is carrying the weight of it. He suffers with us. There is no human suffering in which he is not present to redeem it and turn it into the seed of resurrection.

- Our journey now takes us up over the Beacon. We hold before you, Lord Jesus, all suffering deprivation in this area. And as we pass Falmouth Primary Academy we remember all in our schools, pupils and teachers, and parents, now schooling their children at home.

4: Penwerris - St Gluvias

We descend to Stratton Terrace and come to St Michael and All Angels Church, Penwerris, and give thanks for its faithful worshippers in the Anglo-Catholic tradition

We continue along North Parade, passing the Marina, praying for our boatyards and marine services



4: Penwerris - St Gluvias

Passing the supermarkets, we pray for all involved in the food supply chain, and those now delivering to our homes.

We continue over Penryn Bridge to the ancient parish church of St Gluvias.

We pray for both parishes, currently without permanent priests, and give thanks for those caring for their congregations



4. Jesus meets his mother

Near the cross of Jesus stood his mother: "Dear woman" he said, "here is your son". And to the disciple whom he loved, Jesus said "Here is your mother."



4. Jesus meets his mother

Mary's nearness breaks through the nightmare with light and love; the colours reflect this. Mary was the one who was most able to help and strengthen him, while: *the sword pierced her own soul.*

Luke 2:35



4. Jesus meets his mother

It is the sword in Mary's heart that now unites Mother and Son, comforting each other. Only when we know suffering ourselves, can we comfort others.

Let what you have said be done to me.

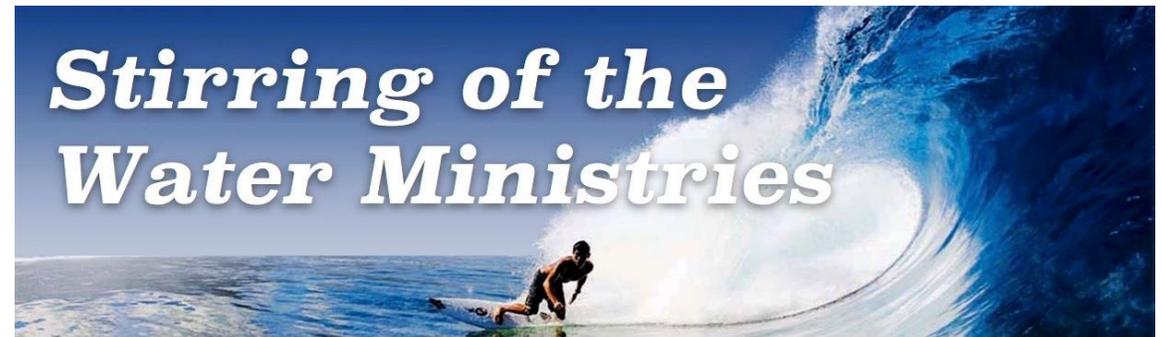
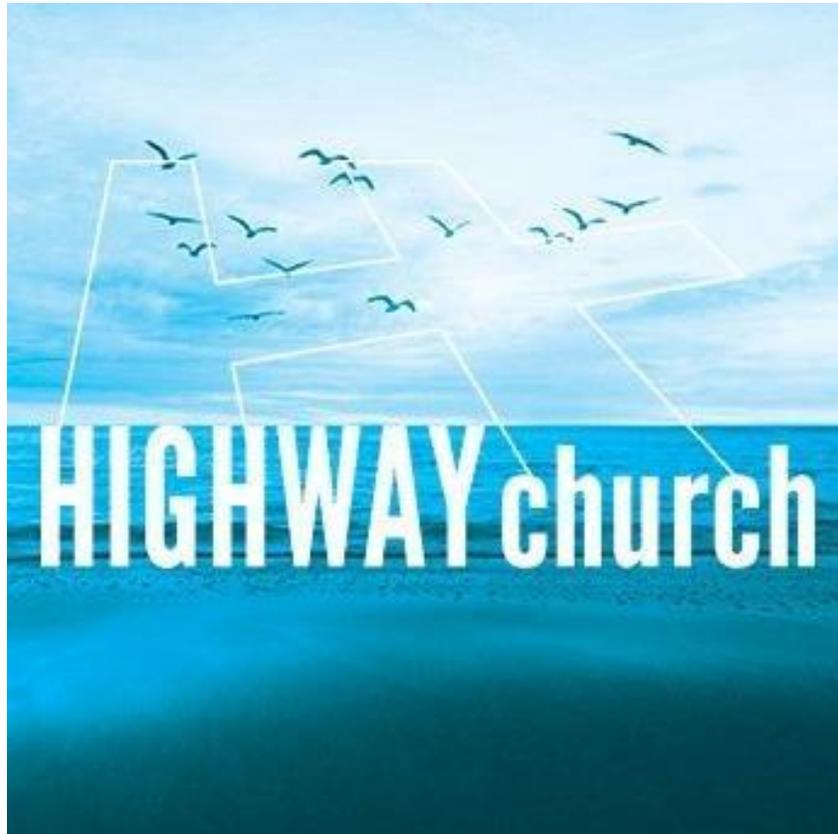
Luke 1:38



Hymn: There is a Green Hill Far Away



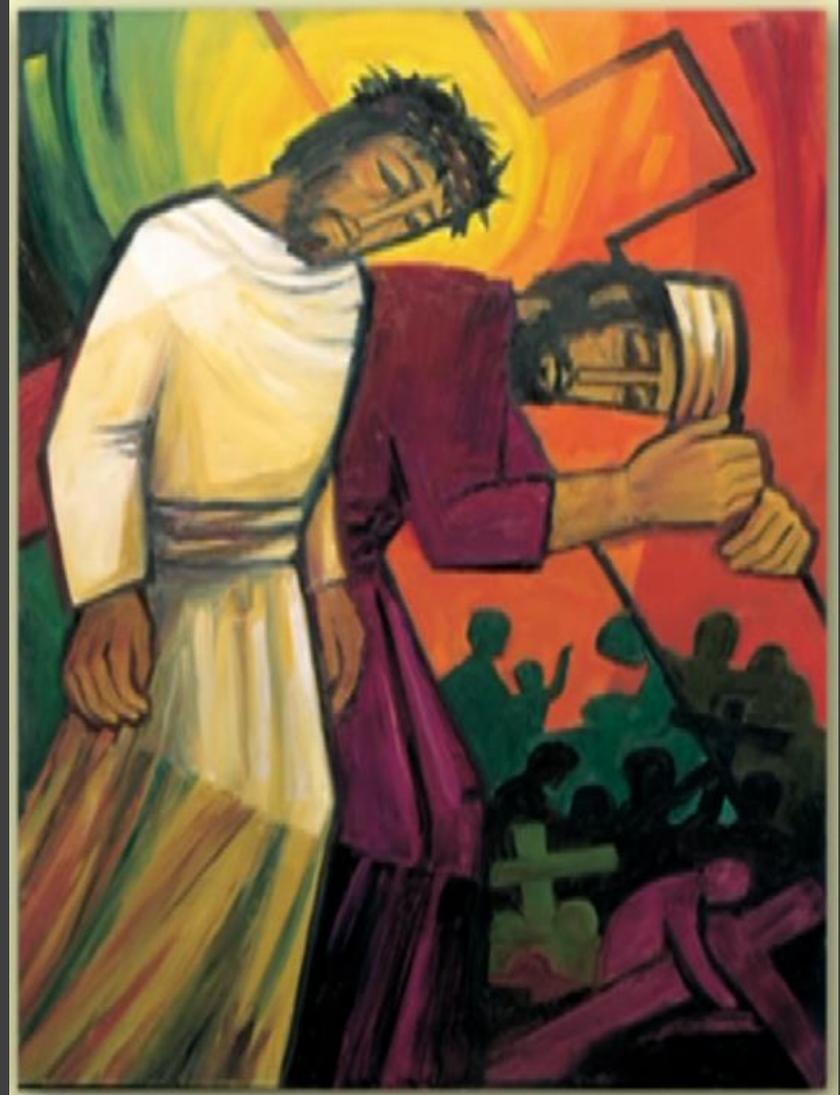
5 Stirring of the Water / Highway



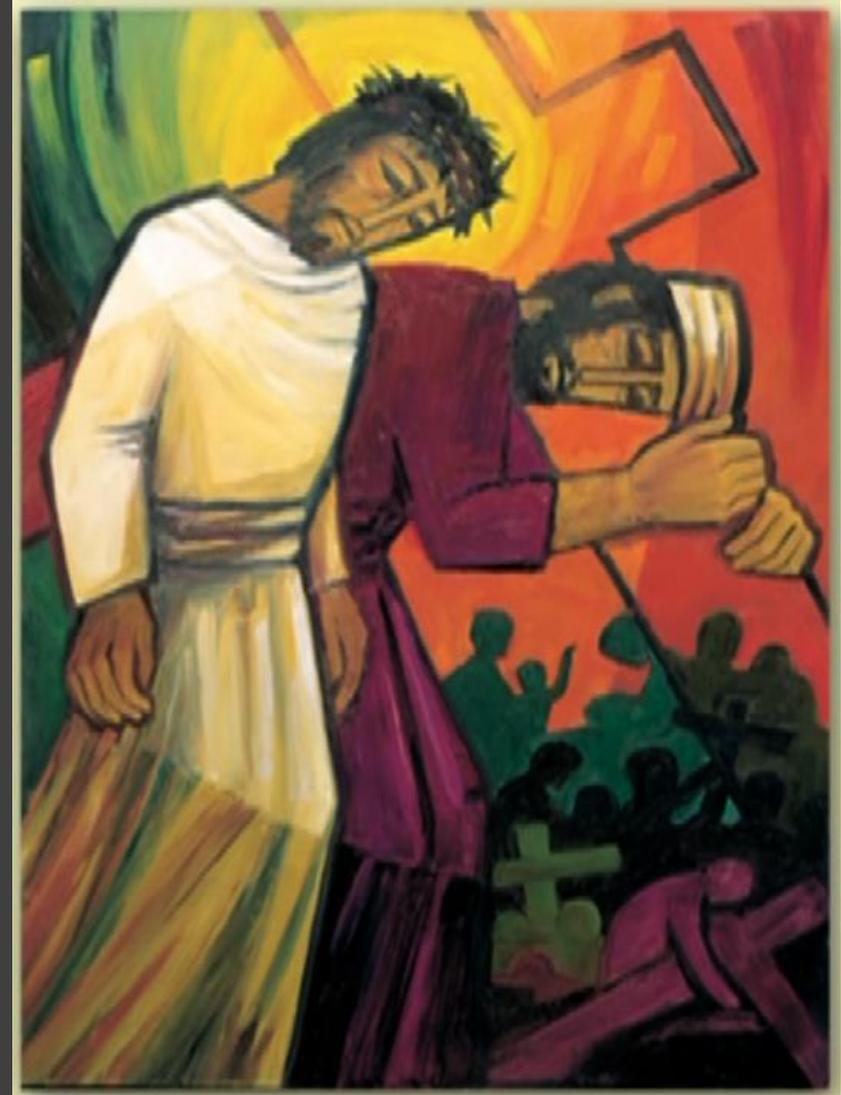
- A short walk from St Gluvias brings us to Stirring of the Water Ministries. We give thanks for this congregation and their leadership in the FPCT Prayer Tent ministry.
- A little further on we come to Highway Church, home of the Penryn and Falmouth Foodbank. We pray for all those who need this service, for those who provide it and all who donate food, money and time to support it.

5. Simon of Cyrene

They seized Simon of Cyrene, who was on his way in from the country, and put the cross on him and made him carry it behind Jesus. A large number of people followed him.



Just as the good thief was given to understand the secret of the kingdom of Jesus, why should not Simon of Cyrene have been given a glimpse of the Kingdom, piercing through his annoyance at having to carry a criminal's cross by the very act of doing so?

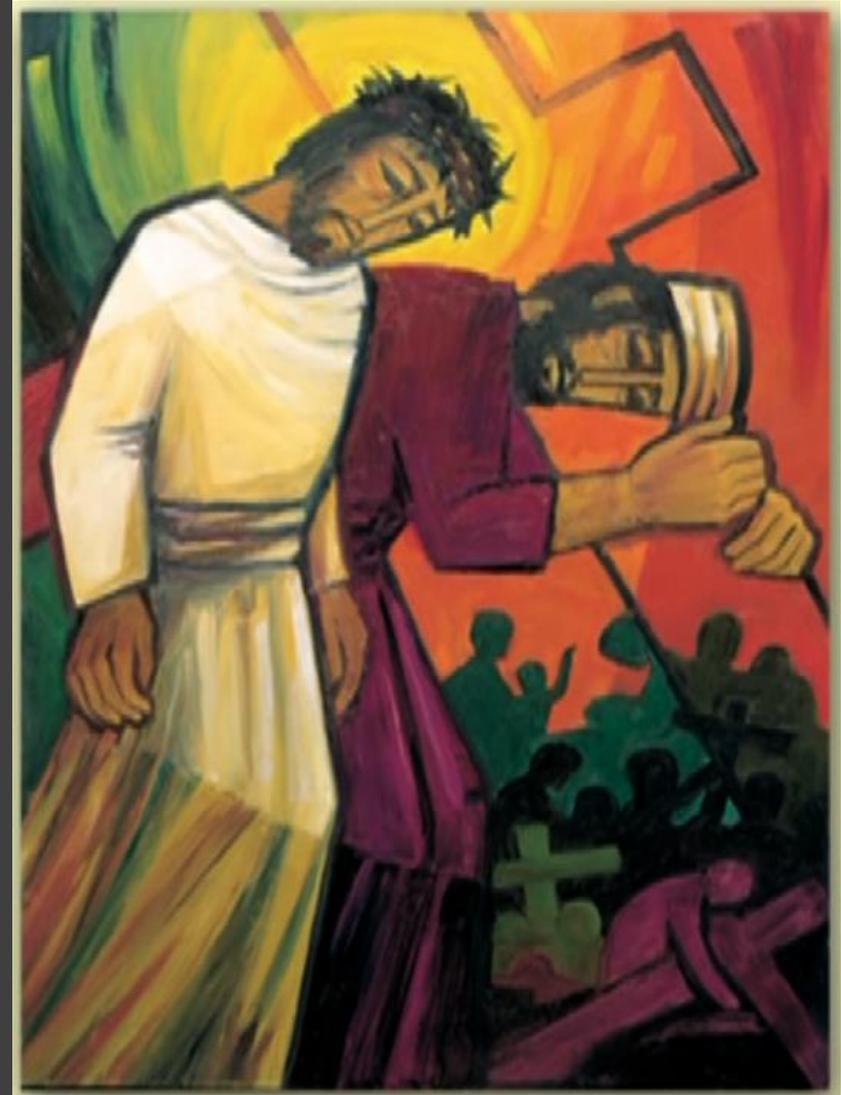


Jesus' head is inclined towards Simon's; Simon seems to be listening; there is communication.

Jesus is revealing to him the secret of the Kingdom, the universal call of the human race to –

carry each other's burden and so fulfil the law of Christ.

Galatians 6:2



6 Penryn Methodist / Multifaith Chaplaincy



- We make our way up to Lower Market Street and Penryn Methodist Church, speaking the Word of God at the heart of Penryn since 1893. We pray for their congregation, and for their minister, Rev Robbie Bowen, Chair of FPCT.
- Our walk continues to the Penryn Campus of Falmouth and Exeter Universities. We give thanks for their contribution to the life of our community and for the work of the Multifaith Chaplaincy, supporting students of all faiths with a team including chaplains from the Christian churches.

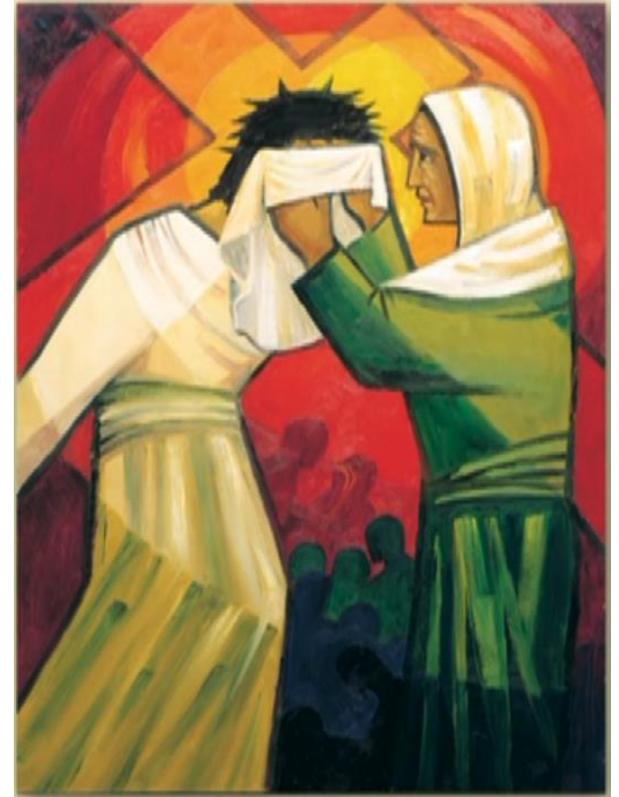
6. Veronica wipes the face of Jesus

Veronica means 'true image.'

- This incident is not recorded in the Gospels, but it seems likely that the women who followed Jesus did what they could to ease his suffering.

It is your face, O Lord, that I seek, hide not your face.

Psalm 26 (27):8

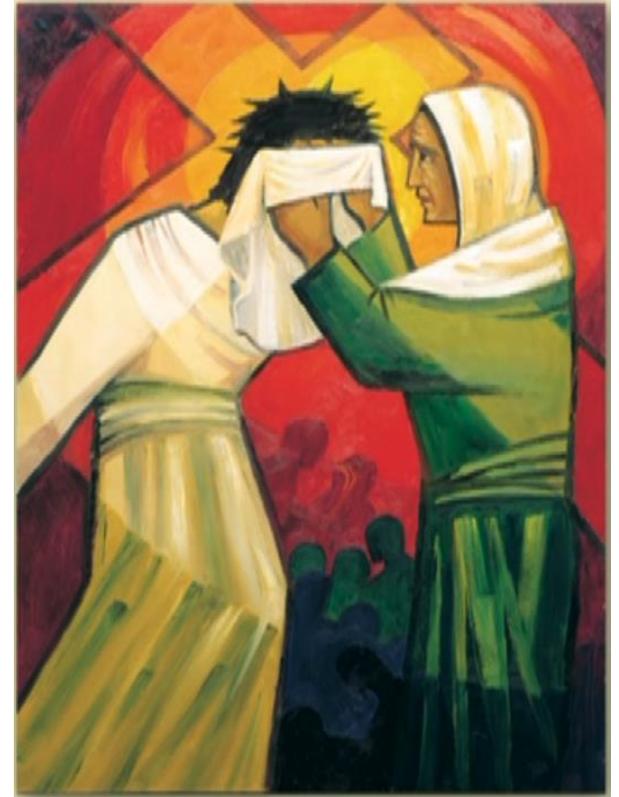


6. Veronica wipes the face of Jesus

A longing to see the face of Christ, to know what he really looked like, has inspired countless artists throughout the ages. It is a frightening challenge too: seeing him face to face. This may be for us the crucial test of whether we really love him.

We shall be like him because we shall see him as he really is.

1 John 3:2



7 Mylor - Mabe

- Our walk now continues into the countryside, taking us through the villages of Mylor and Mabe
- We pray for our member churches of St Mylor and St Laudus, Mabe, and for all the Christian community in these villages.



7. Jesus falls the second time



Jesus falls because we fall.

He became like one of us, so that we may become like him.

St. Gregory of Nazianzen

The crosses of the world which burden him, take on a more tragic dimension; they seem to batter him down, concentrating on his faltering figure to crush



him totally and for good.

The crosses above, the thorns below: A man of sorrows, and familiar with suffering.
Isaiah 53:3



Our path takes us now to the churches of St Budock and St Mawnan
8 Budock - Mawnan

We pray for these village communities, for the other denominations worshipping in this area, and for all those moving to new developments

8. Jesus speaks to the women of Jerusalem

"Daughters of Jerusalem, do not weep for me; weep for yourselves and for your children."

"If you had only known on this day what would bring you peace!"



8. Jesus speaks to the women of Jerusalem

If men use the green wood like this, what will happen when it is dry?

Luke 23:31

Jesus is the green wood, his cross the Tree of Life, from which we all draw fruitfulness.



8. Jesus speaks to the women of Jerusalem

I am the vine, you are the branches. Whoever remains in me, with me in him, bears fruit in plenty.

John 15:5

The cross is represented here as bursting with life. The women too are life-bearers, through suffering.

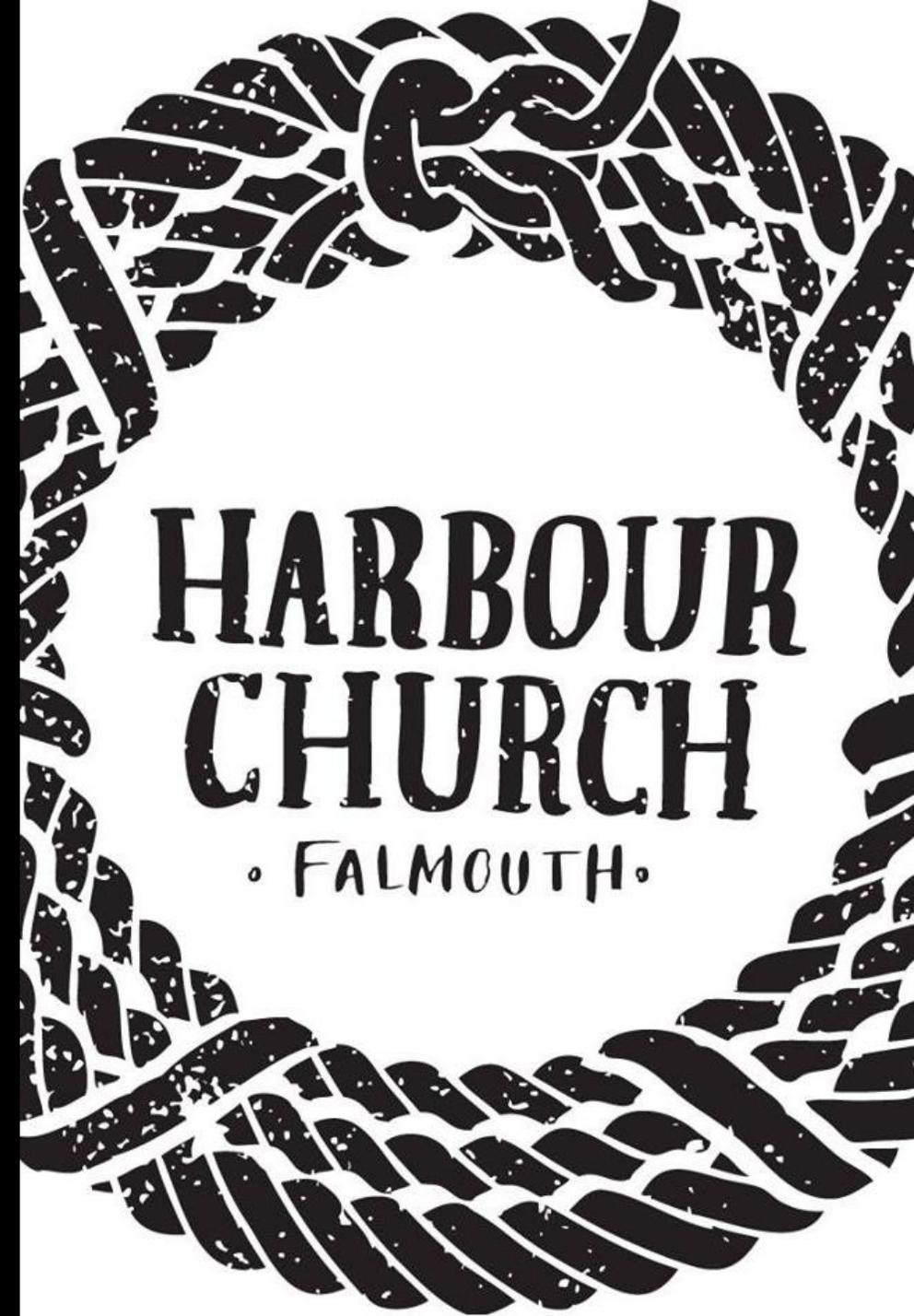


Hymn: O Sacred Head, Sore Wounded



9 Harbour Church

- We follow the coast path back to Falmouth, giving thanks for our beautiful surroundings and praying for all involved in tourism, facing very difficult times at present.
- We arrive at Princess Pavilion, home of Harbour Church, an Elim church welcoming many students, and pray for its ministry



9. Jesus falls the third time

The crosses are larger and heavier still, to the point of overwhelming Jesus. He is crushed to the ground.

*Lord if you are willing take
this cup away from me.
Nevertheless let your will be
done not mine.*

Luke 22:42



9. Jesus falls the third time

We can link this fall of Jesus to his agony in the Garden of Gethsemane. Jesus, weighed down by the evil in the world falls to the ground and cries out to his heavenly Father for strength to carry on.



9. Jesus falls the third time

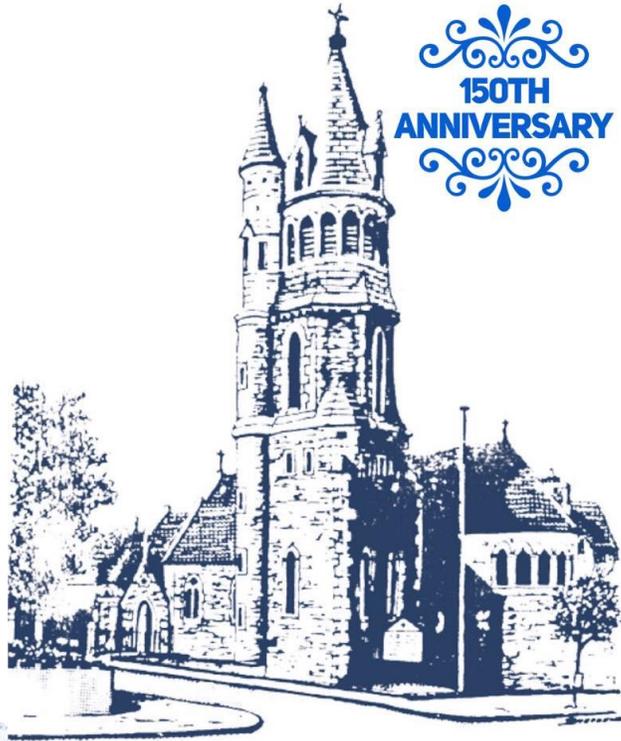
What a lesson for us. We remember so many persons in our material world searching for help in their distress. Lord hear our pleading, our cries of agony, and give us strength to overcome all evil.

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- Leaving Princess Pavilion we pass Falmouth Town railway station and pray for all involved in our public transport systems, and for their safety.
- We continue to the National Maritime Museum, meeting place for the new Vineyard Church and pray for its flourishing.
- We pray for all involved in Falmouth Haven and the harbour, for A&P Falmouth and Pendennis Shipyard, for the RNLI and the Coastguard Service, building our economy and keeping us safe in our maritime town.





10 St Mary's



From the Maritime Museum we make our way back up to St Mary's and rejoin the route of our normal Walk.



Rose
News

THE TIMES

LET BY





10. Jesus is stripped

Grabbing hands, stripping him of everything. Jesus let them: he emptied himself.

Philippians 2:5-11

Hands grab even at the radiance round his head: they could not strip him of his divinity.

But God raised him high and gave him the name which is above all other names.

Philippians 2:9

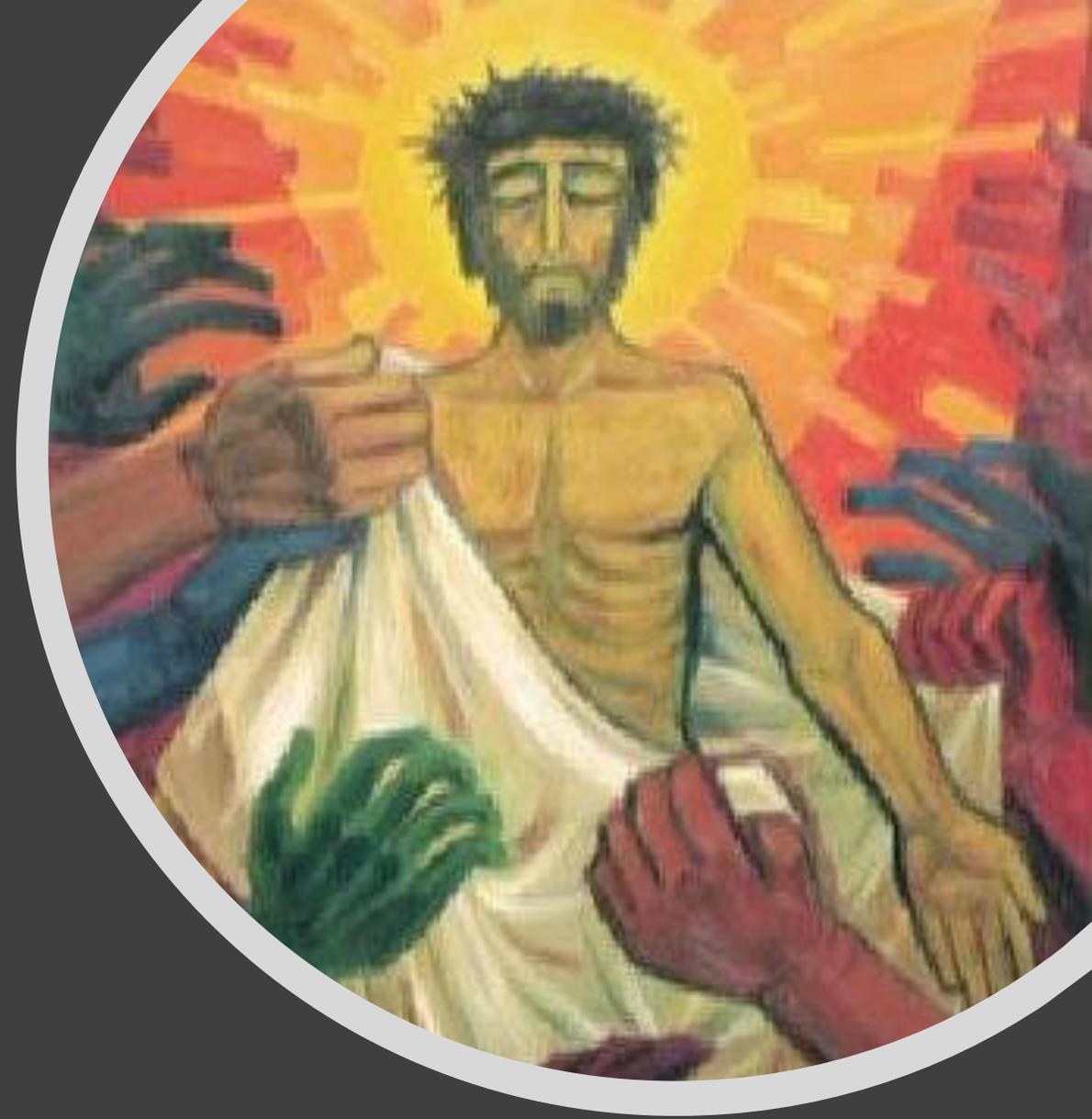


10. Jesus is stripped

The Lamb of God who takes away the sins of the world is prepared for sacrifice.

His clothing is torn away from his body. Love is revealed in its starkest form.

May we strip ourselves of all attachments to the things of this world in order that our crucified and risen Lord may dwell fully in us.



A reflection – Fr Brian Kenwrick

During the coronavirus crisis, so many of us feel that we are travelling on our own way of the cross. Many of us may well feel that we are falling under the weight of the coronavirus cross. So I would like to briefly reflect on the 10th Station of the Way of the Cross - Jesus is stripped of His garments.

During these dark days great numbers of us feel we have been stripped and deprived of much we hold dear and are foundations of our daily lives. It seems that our families and friends and indeed our support systems have been torn from us.

We feel naked, exposed and vulnerable. We experience the sense of being isolated, lonely and perhaps abandoned. During this challenging time we as Christians know and believe that we have the love, support and companionship of Jesus Christ. Yes we have faith, hope and trust that if we share the cross of Jesus then we will share of the victory and the triumph of His resurrection.

So in these dark and uncertain times, when so much we regard as important and essential has been stripped from us, let us clothe ourselves in Christ. May we let Him be our suit of armour and accept Him as our protector who takes our fear away and replaces it with the security of His love and comfort. Clothed in Christ we as Christians can confidently journey onwards through this time of darkness knowing and believing that Jesus will lead us to the light and triumph of Easter. Clothed in Christ we remember that we are an Easter people and alleluia is our song. We will rise again.

Fr Brian Kenwrick

11 United Reformed Church

Leaving St Mary's we continued to the United Reformed Church in Berkeley Vale. Since our walk last year, this church has sadly closed, but we give thanks for its witness and for the warm welcome extended to its members by Falmouth Methodist Church, where they now worship.





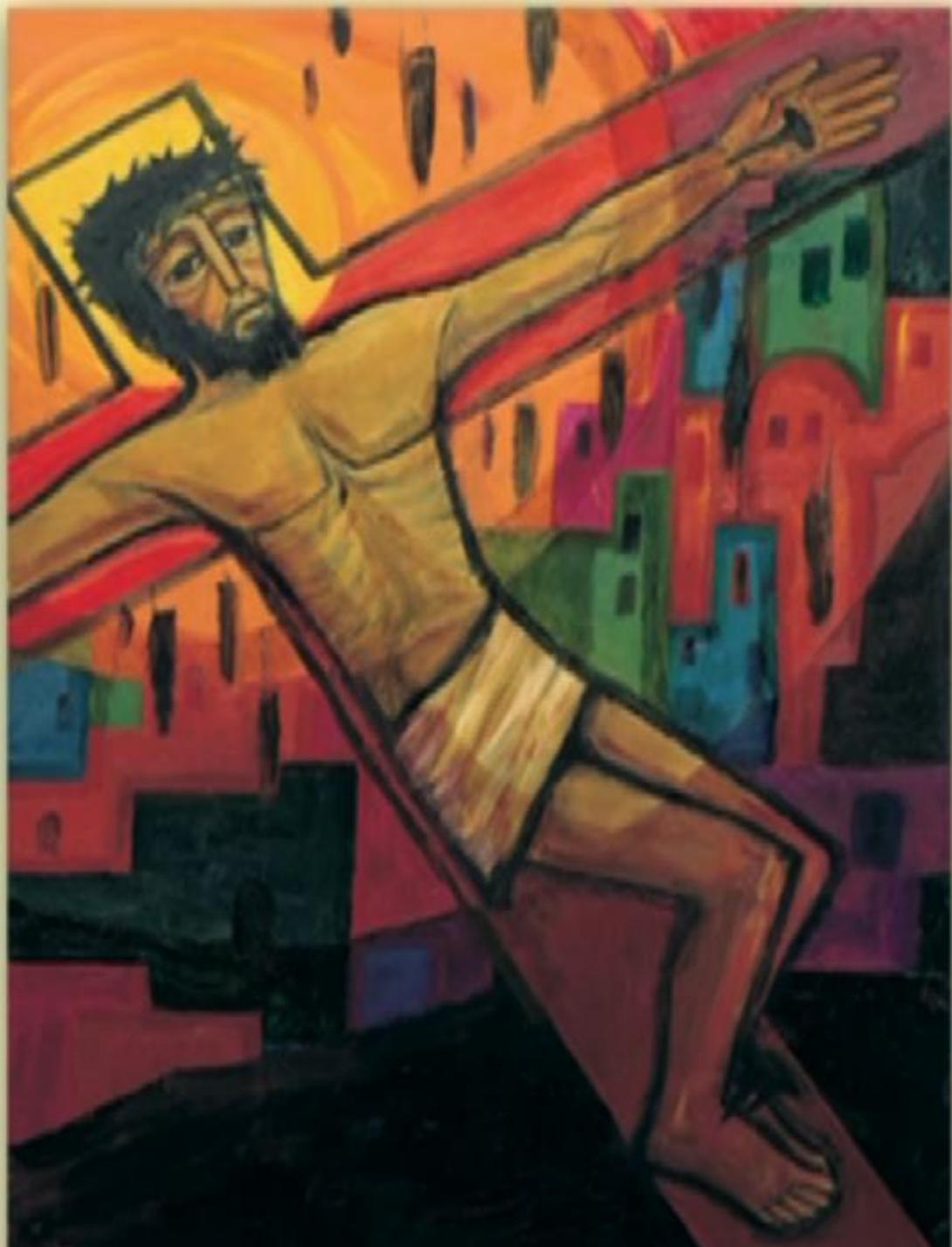


We give thanks especially for the ministry of Alan Offord and the Rev Pat Whittaker, appearing in these photos





**FALMOUTH
UNITED REFORMED CHURCH
with TRINITY BAPTIST CHURCH**
Sunday services: 10.30am
Holy Communion: First Sunday
Other services as announced
Weddings
and Baptisms
by arrangement

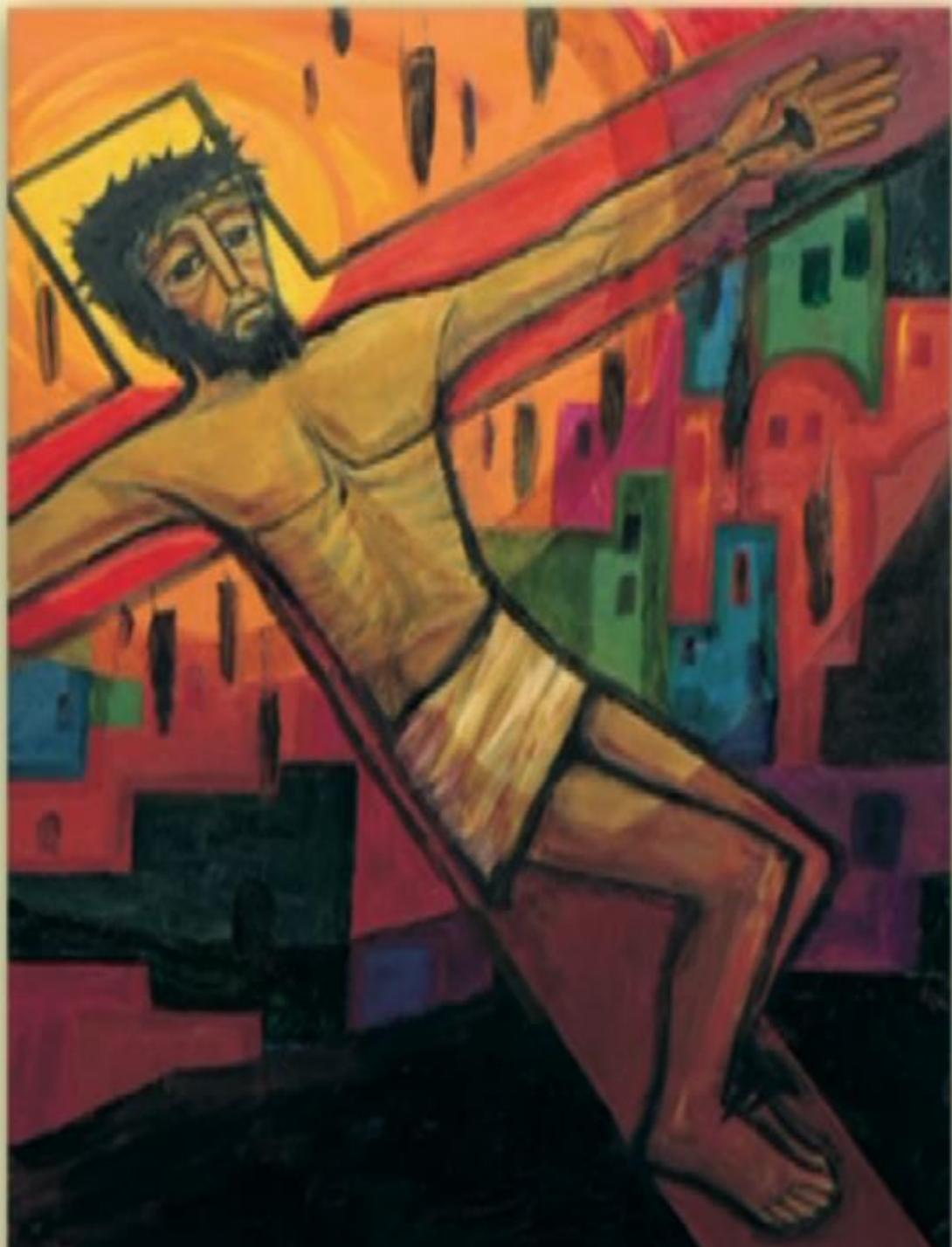


11. Jesus is nailed to the cross

Jesus said: Destroy this sanctuary and in three days I will raise it up.

John 2:19 / Matthew 26:61

The background shows the temple, which also stands for a city on the point of being bombed, as Jesus' body is on the point of being destroyed by the nails.



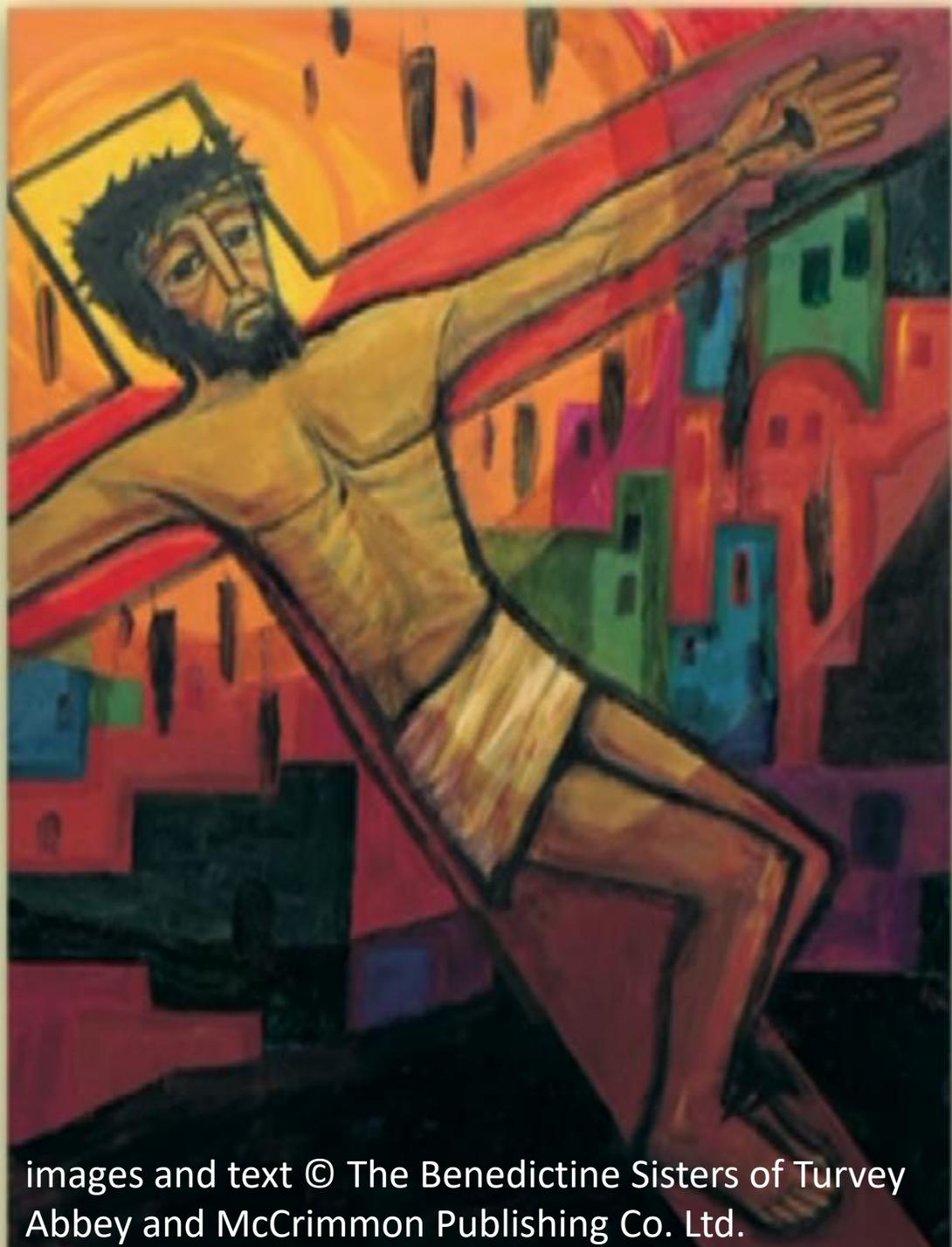
Jesus suffers in the agonies of the human race, until the end of time.

Pascal

From that day they were determined to kill him.

John 11:53

The body of Jesus, the son of God, is now secured to the instrument of torture and people's inhumanity to another is revealed.



But are things any different today?

We reflect on the destruction/persecution of one race by another, and on the violence of crime today.

And let us never forget our own failure to love our neighbour as Jesus taught us.

Lord we pray for all those in our world today whose intention is the destruction of another.

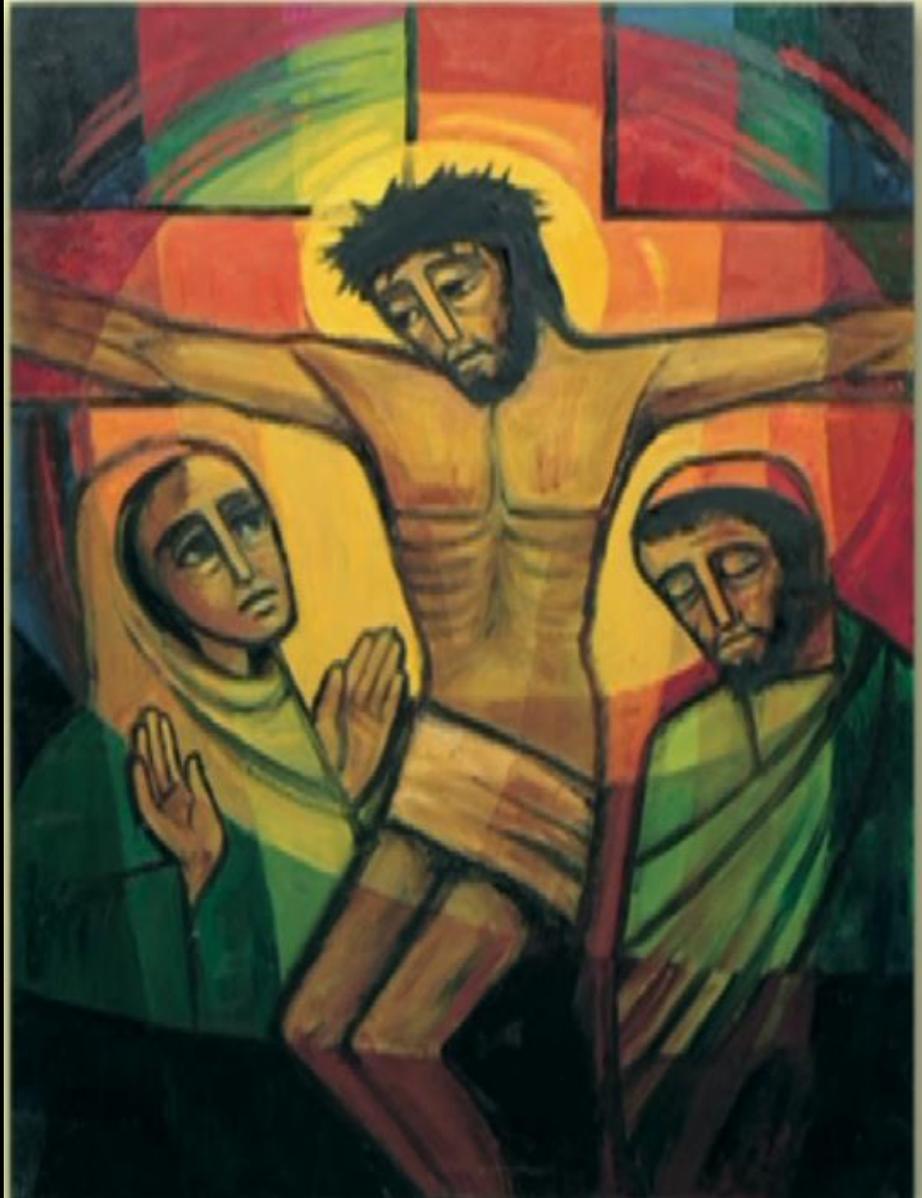
12 Salvation Army

- We walk a short distance around the corner to the Salvation Army Church and Community Centre. We pray for their extensive work in the community, and especially for Kidz Klub, formerly managed by FPCT.





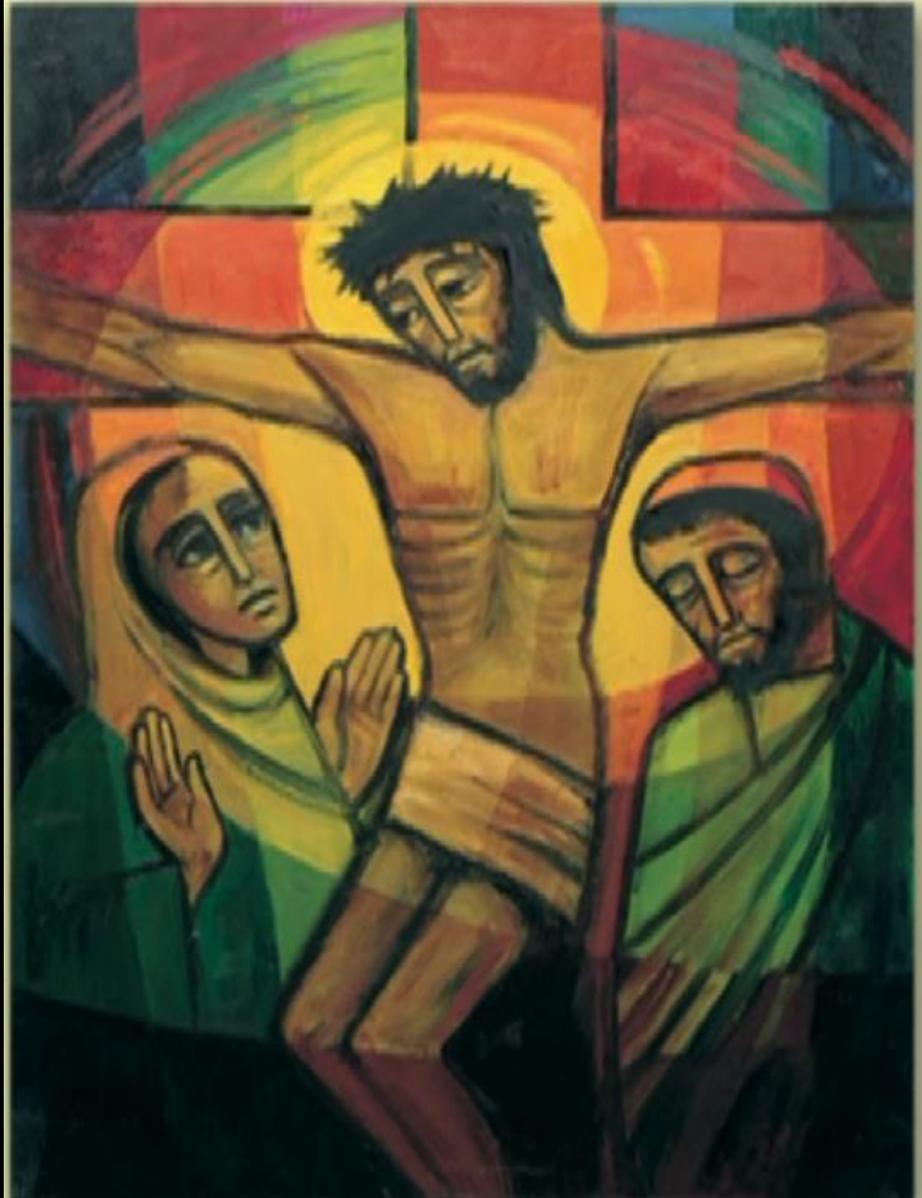




12. Jesus speaks to his mother

Like Station four, this is an intermezzo of love and peace, a moment of warmth and communication. Though full of pain and distress, the focus here is not on the pierced hands and feet, nor the bombed city/temple, but on the loving concern of three people.

Mary, carrying the sword in her heart, knows that God is love, and so does John (1 John 4:16).



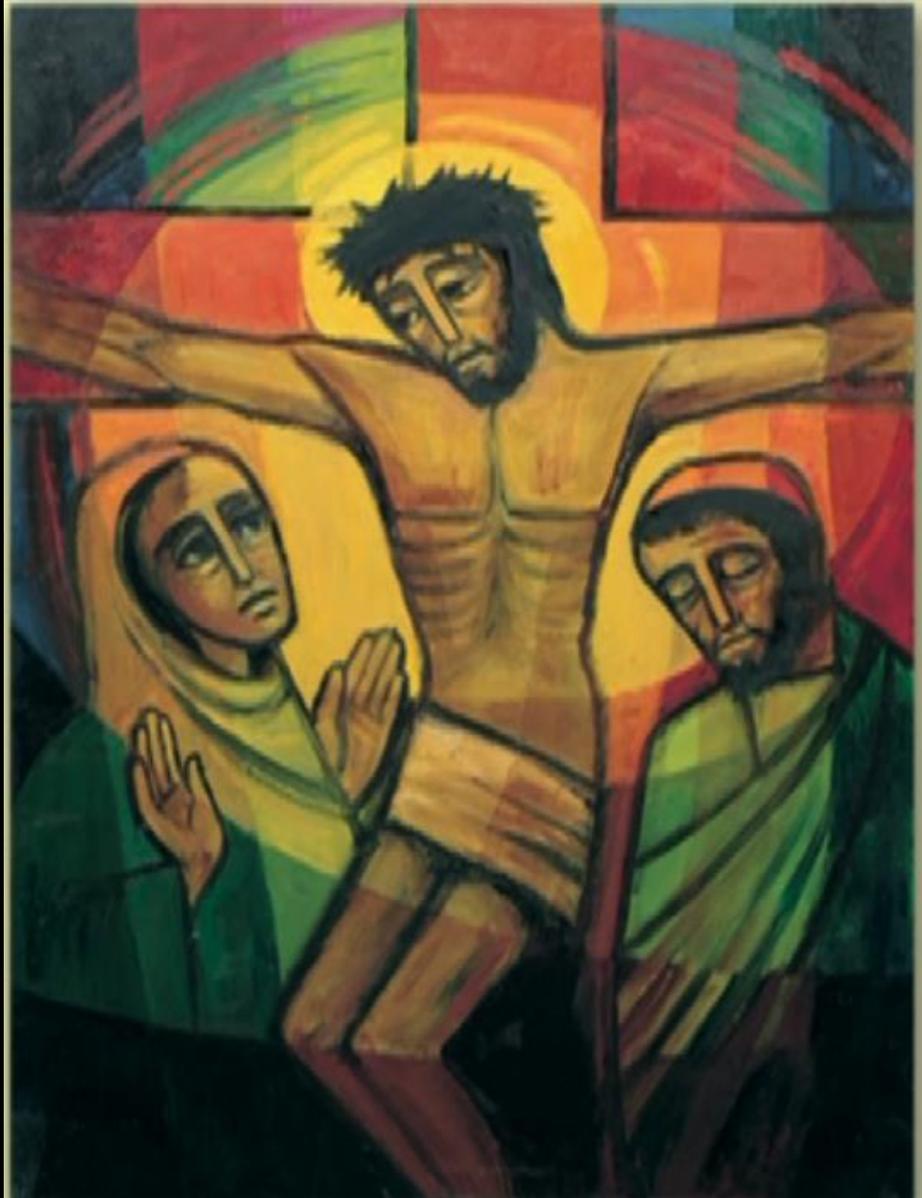
12. Jesus speaks to his mother

A lasting relationship is established between Mary and John, soon to be filled with the presence of the risen Jesus. John took her into his home.

Woman, this is your son...

This is your mother.

John 19:26



These words are the words of a dying man. No thought for himself but for the two broken-hearted people who stood by the cross: his mother Mary and the disciple John who were very dear to him. By these words he commends his mother not only to John but to us all.

We think of those who are spending their lives alone and in hospitals and homes for the elderly.

Lord we pray for a greater concern for the well-being of the elderly in our society especially those with no-one to care for them.





13 Falmouth Methodist Church

We now proceed to The Moor, where in some years we have held a dramatized reading or enactment of the Passion. We give thanks for the many FPCT activities that take place here, including Footsteps Community Coffee Shop, the Live Nativity and the monthly Prayer Tent, and ask for your blessing on all who have encountered you here.



- We pray too for the Falmouth Town Council based here, and for the Library and Art Gallery.
- And we ask for your blessing on the other churches, not currently members of FPCT, who meet in this area: Falmouth Evangelical Church, Falmouth Light and Life, and Anchor of Hope.

Falmouth Evangelical Church

Sharing the Gospel in south-west Cornwall



FALMOUTH

the spirit of the sea

FALMOUTH

LIGHT & LIFE CHURCH













13. Jesus dies on the cross

Darkness is closing in, confusion, chaos, despair.

The background shows the bombed-out city, the temple of Jesus' body throughout the ages.

The figures of the women standing by him, the soldiers and the people having watched the execution turn and walk away, satisfied? indifferent?



*Father into your hands I commend my
spirit. Luke 23:46*

We adore you O Christ and we bless
you. Because by your holy cross you
have redeemed the world.

Before the mystery of the death of
our Lord Jesus on the cross we fall
silent. Only adoration remains.

We know that, whatever suffering we
have to undergo in this world, we are
held in the hands of God. His cross is
ours.

Lord God our Father we thank you.



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14 Falmouth Parish Church of King Charles the Martyr



It is finished : our Walk ends at KCM. Usually we go inside for a final act of worship. Today, in 'virtually' perfect weather, we gather outside for our concluding meditations.



QUBA & CO

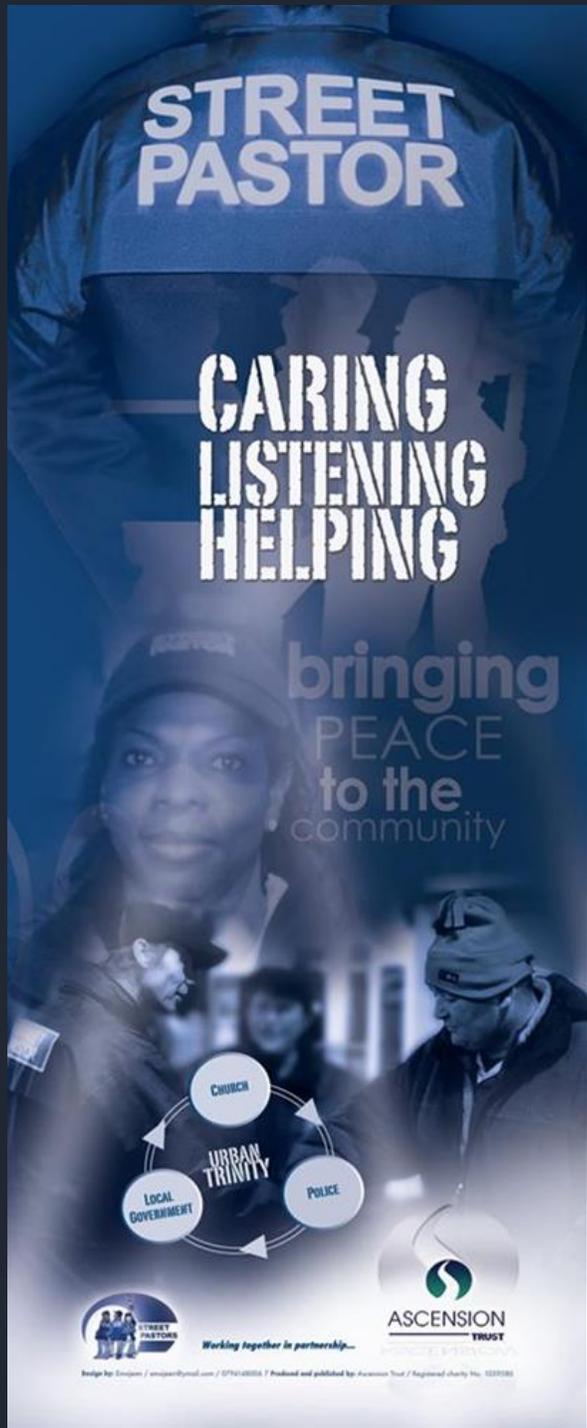
CHURCH STREET
BAR & KITCHEN
MANGOS

Serving Quality
COCKTAILS
COFFEE
ALES WINES
& SPIRITS
Freshly Prepared

FOOD

Speciality
ROTISSERIE
PERI PERI
CHICKEN

THE SALVATION ARMY



Street Pastors

Normally on a Saturday night, Street Pastors will be out on the streets here, ministering to those whose night out has turned a little sour. Now the streets are silent; but the crowds will return, and so will the Street Pastors – and the Prayer Pastors who support them. We give thanks for their ministry, supporting all in need.



Working together in partnership...





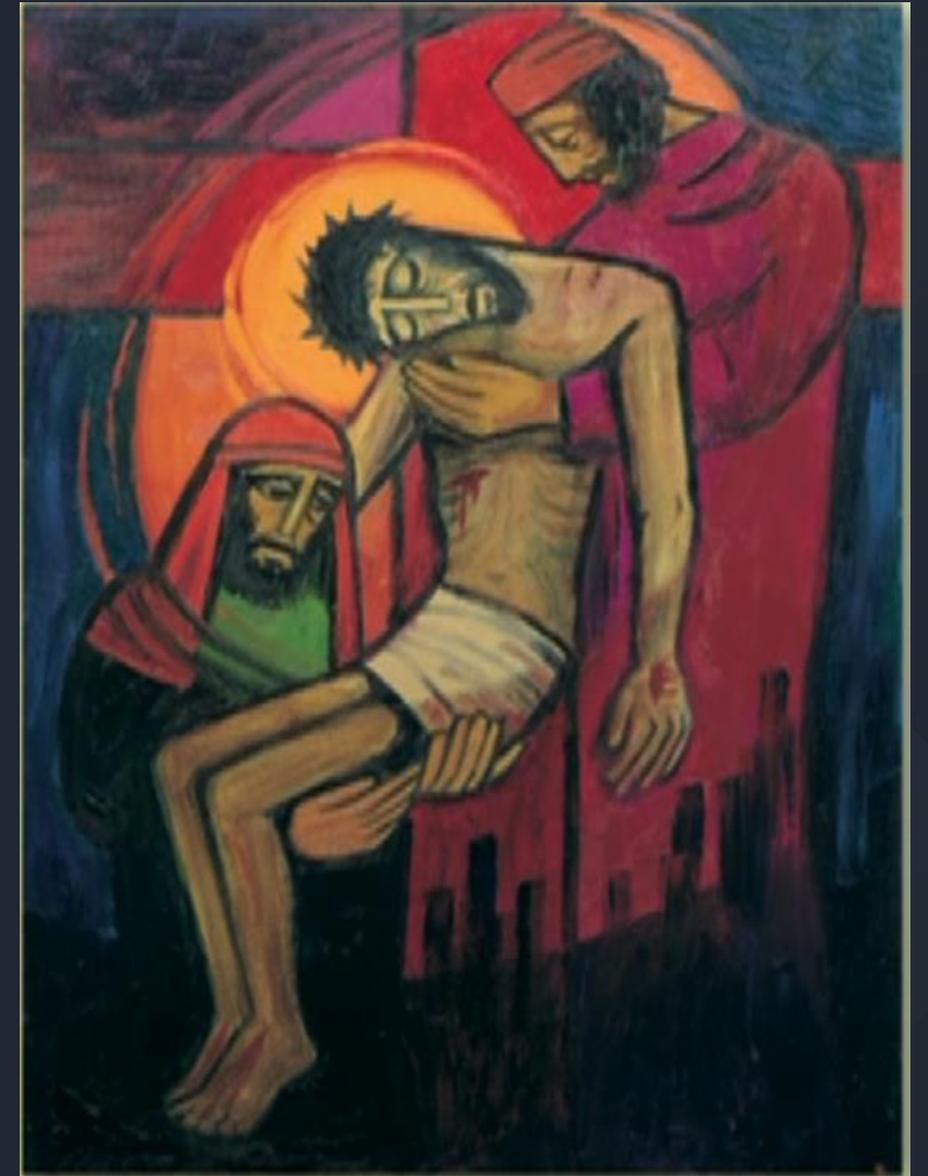
Lord Jesus, may all that is you flow into me.
May your body and blood be my food and drink.
May your passion and death be my strength and life.
Jesus, with you by my side, enough has been given.
May the shelter I seek be the shadow of your cross.
Let me not run from the love which you offer.
But hold me safe from the forces of evil.
On each of my dyings shed your life and your love.
Keep calling me until that day comes, when, with your saints,
I may praise you forever. Amen

14. Jesus is taken down from the cross

It is over.

Silence and darkness envelop Calvary. Joseph of Arimathea did a courageous thing, asking for the body of Jesus. He risked being identified as one of his friends, an accusation which had caused Peter's fall.

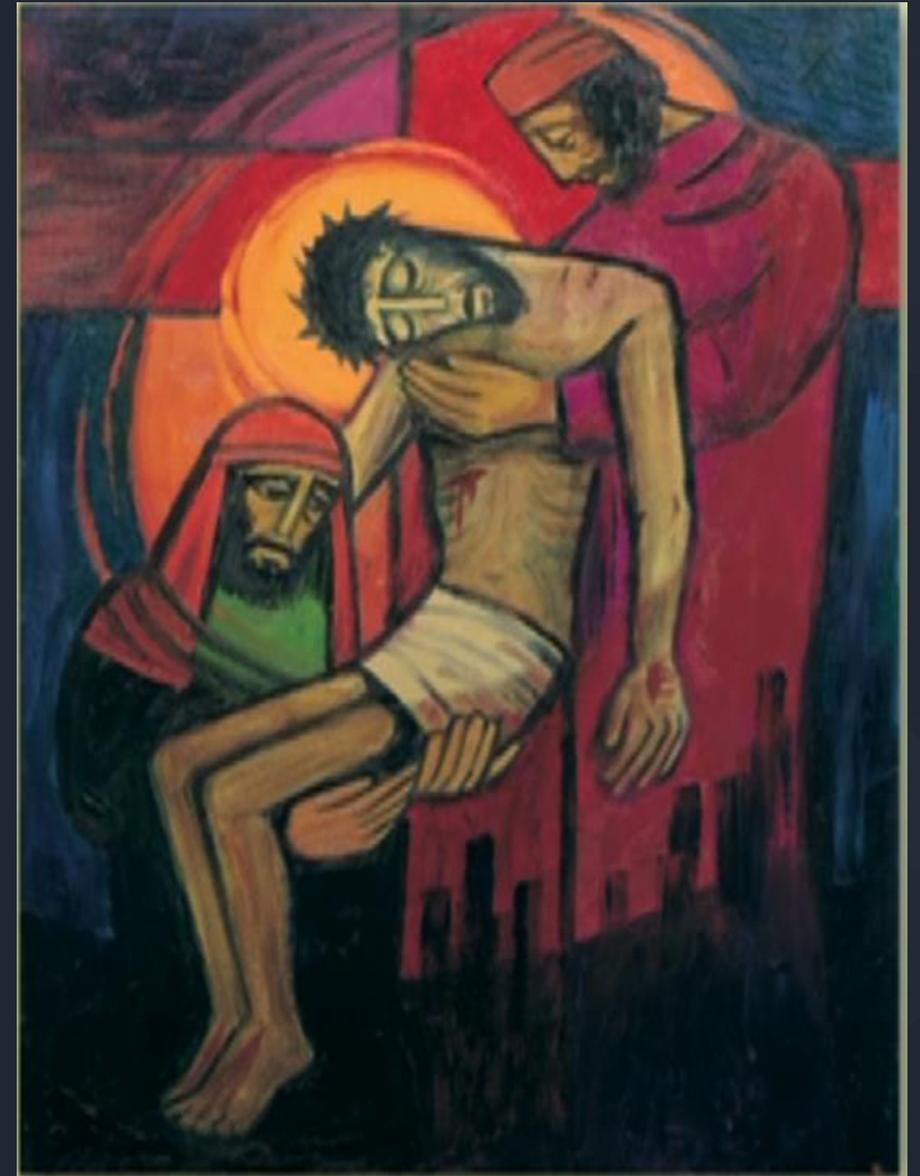
He did not know about the resurrection, but unwittingly provided the scene for the events of Easter.



14. Jesus is taken down from the cross

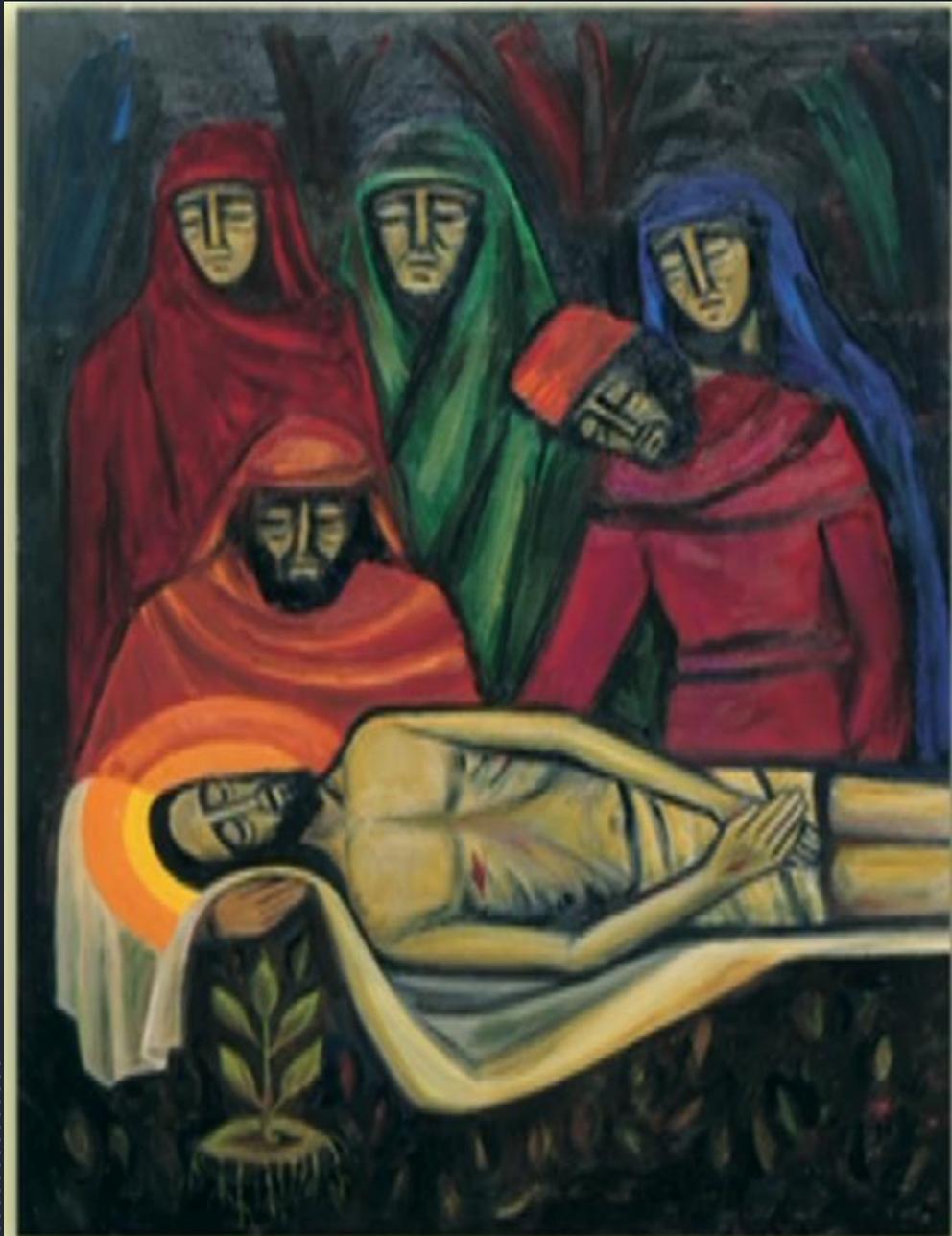
*Truly this was the son of God.
Matthew 27:54*

Thus said one of his executioners –
thus said his disciples on the sea of
Galilee when Jesus calmed the
waters. A profession of faith.
We should all have these words on
our lips.



Hymn: When I survey the wondrous Cross





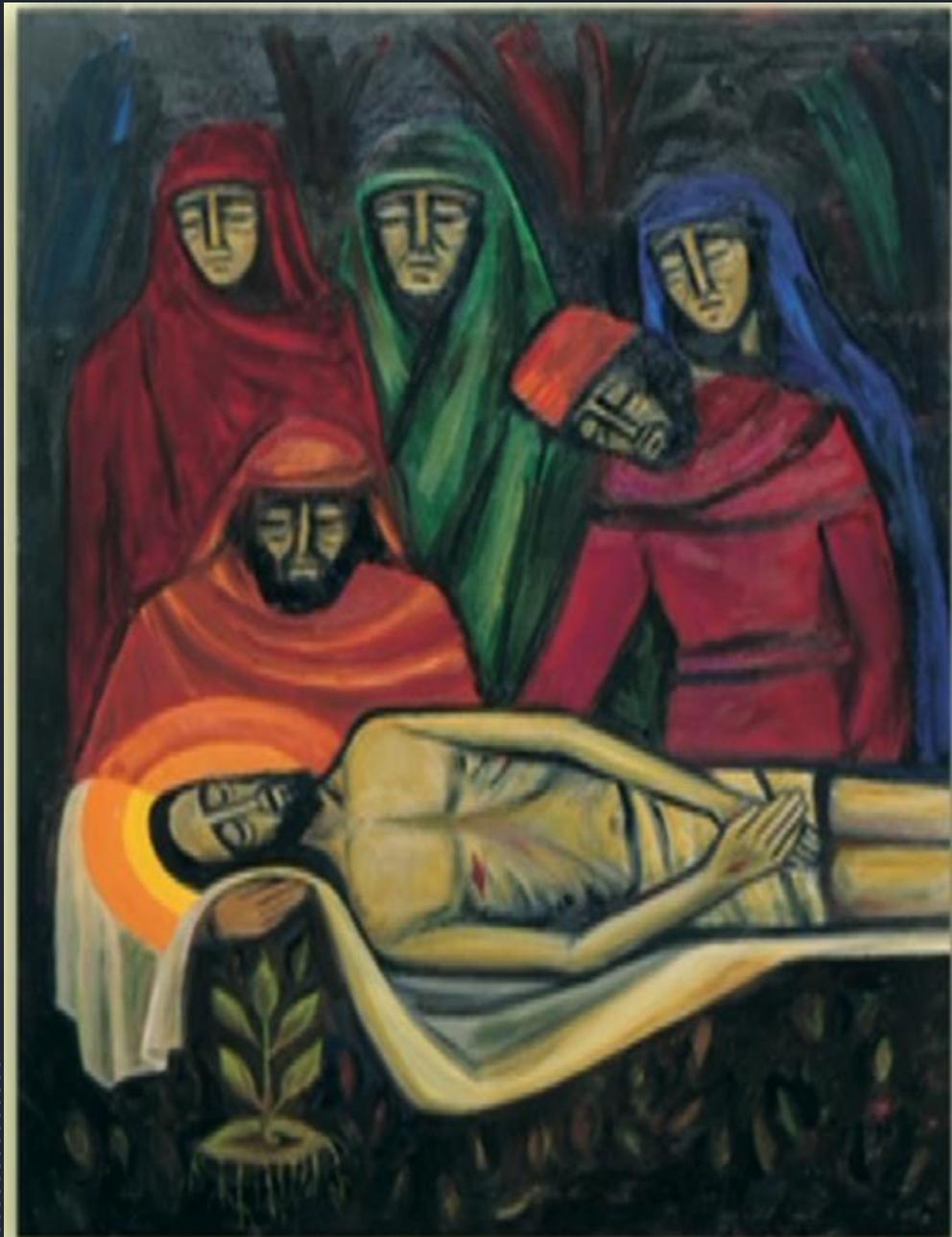
15. Jesus is buried

Deeper darkness still.

But in the deepest shadow of death there is a glimmer of the hope of new life, symbolised by the seedling. Jesus had said:

I tell you most solemnly, unless a wheat grain falls on the ground and dies, it remains only a single grain; but if it dies, it yields a rich harvest.

John 12:24

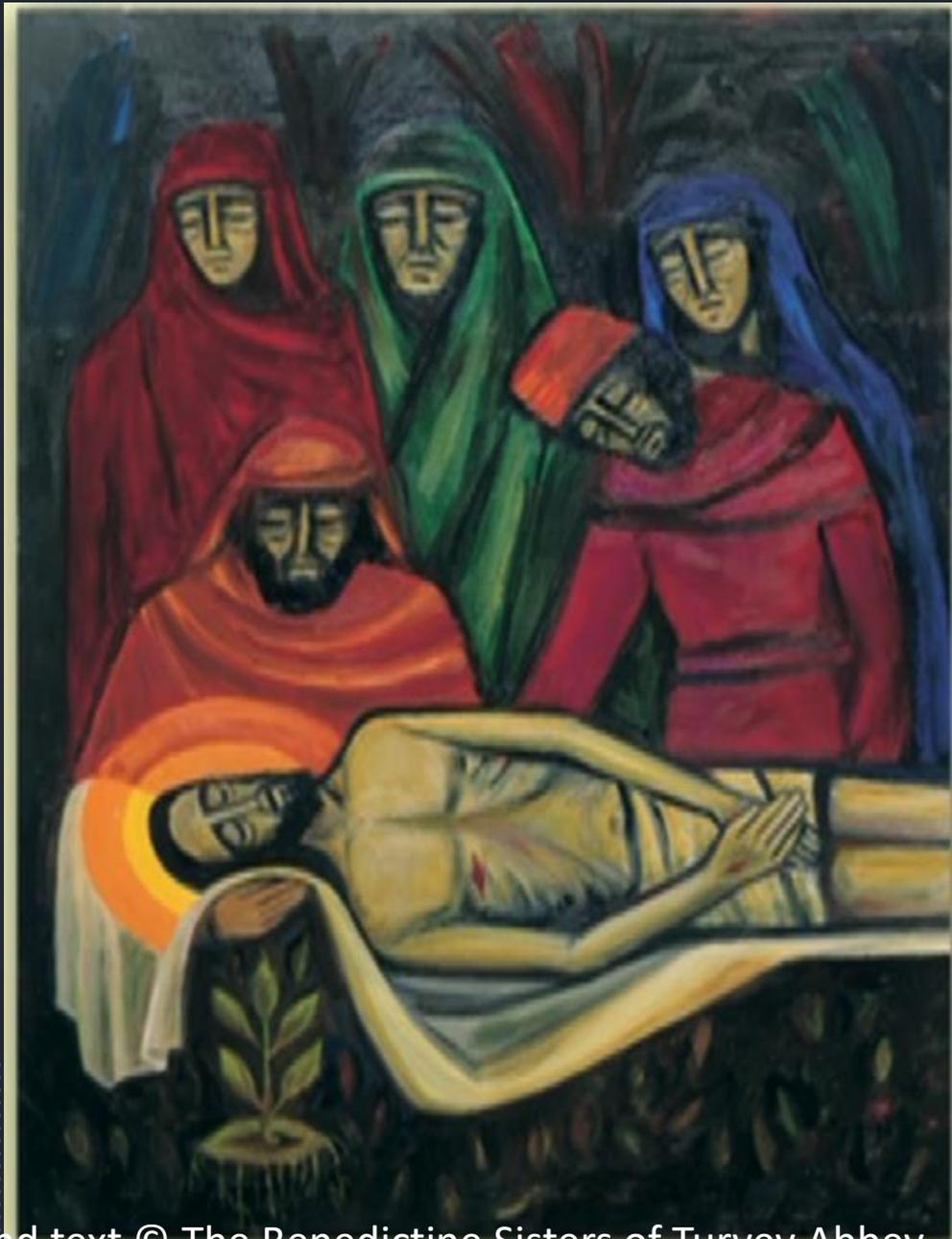


15. Jesus is buried

Easter expectation begins to shine through the sadness of Good Friday.

At the place where he had been crucified there was a garden... they laid Jesus there.

*John
19:41-42*



15. Jesus is buried

The torment and agony of the crucifixion is over and Jesus is laid to rest. He is at peace, but his spirit rises and many of those who had fallen asleep are awakened.

Lord we pray that we may face death with the certain knowledge that we will live forever with you in Christ.

Poem

I stretched out my hands and approached my Lord: For the stretching of my hands is His sign:

My expansion is the outspread tree which was set up on the way of the Righteous One.

And I began of no account to those who did not take hold of me; and I shall be with those who love me.

The odes of Solomon, the Son of David

Why a cross on a Hot Cross Bun?

Traditionally eaten on Good Friday, when Jesus Christ was put to death, the bun's cross reminds us of what Jesus did for all mankind – even you!

Just a story or the most significant event in all history?

There's more to a Hot Cross Bun than you realise and there's even more to Jesus Christ than you think.

**To find out more, visit your local
church this Easter
or contact:**

Christian Enquiry Agency (HCB)
Freepost WC2947
South Croydon
CR2 8UZ

or click on
www.christianity.org.uk



Our Walk of Witness is over
Usually we would now share refreshments together, including Hot Cross Buns that we have also been handing out en route to passers-by, with napkins explaining why there is a cross on the bun and encouraging them to come to church on Easter Sunday. For this is not the end of the story: and we know that, lockdown or not, on Sunday we can all say:



16. Jesus is risen!

He is risen indeed!

*May our lives be a witness
to this, this Easter and
always.*

*compiled by Roger Mills
with contributions from
Fr Brian Kendrick, Pat FitzPatrick
and Daniel Shermom*

Falmouth † Penryn Churches Together

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