



WEDNESDAY  
Weds 25<sup>th</sup> Jan 2023  
at 2:00PM-3:30PM

## FAITH & MENTAL HEALTH NETWORK

The Faith & Mental Health Network meets online each two months with a brief overview from a guest speaker.

For this month's meeting as it is the start of the new year, we invite you to join us as we reflect on the network and our meetings to date, consider how we might develop the network going forward and explore subjects that we could cover in future meetings. This is an opportunity for you to bring your questions and suggestions to the network.

The Network welcomes pastoral visitors, clergy, chaplains, mental health practitioners, community volunteers, in fact, anyone who is supporting people who are struggling with mental health issues. The network is a mutually supportive group of people and offers a safe space to explore issues, share information, resources and best practice; relating faith to mental health and offering insights to help us help those we are standing alongside.

Register in advance [HERE](#) for this meeting



DIOCESE OF TRURO  
DISCOVERING GOD'S KINGDOM  
GROWING THE CHURCH