



WEDNESDAY  
Weds 20<sup>th</sup> July 2022  
at 2:00PM-3:30PM

## FAITH & MENTAL HEALTH NETWORK

The Faith & Mental Health Network meets online each two months with a brief overview from a guest speaker.

For our 20<sup>th</sup> July meeting the focus is on de-escalation techniques for diffusing situations where those with mental health issues present as noisy, aggressive or potentially violent. This could be in a Church service context or in the community café or someone just dropping in for help. The network session will be led by Andy Earl, Assistant Diocesan Safeguarding Advisor

The Network welcomes pastoral visitors, clergy, chaplains, mental health practitioners, community volunteers, in fact, anyone who is supporting people who are struggling with mental health issues. The network is a mutually supportive group of people and offers a safe space to explore issues, share information, resources and best practice; relating faith to mental health and offering insights to help us help those we are standing alongside.

Register in advance [HERE](#) for this meeting



DIOCESE OF TRURO  
DISCOVERING GOD'S KINGDOM  
GROWING THE CHURCH