

Falmouth + Penryn Churches Together

Christians working together to share the love of God



FPCT NEWSLETTER

October 2025

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Please send items for the next issue to fpctcontact@gmail.com by 1 November

SILENT VIGIL FOR THE HOLY LAND

7th October 2025

We have all been deeply affected by the ongoing war in Israel/Palestine, especially the huge amount of suffering in Gaza. With that in mind, there will be a Silent Vigil for the Holy Land from 10.00am to 12.00 noon on The Moor in Falmouth on Tuesday 7 October, which is the second anniversary of the beginning of the war.

There will be no flags, no banners, just prayerful people gathering to pray for peace in the Holy Land. Anyone is welcome to join in for as long or as short as they are able.

We plan to have some brief A5 leaflets available to hand out to people if they ask us what we are there for. The vigil would be to uphold all people involved and affected by the conflict.

If you are unable to join us on the 7 October, why not spend some time in prayer for the situation?

Peace and blessings.

Euan McPhee, on behalf of Falmouth & Penryn Churches Together



TOUR OF PENRYN AND FALMOUTH FOODBANK

14 October 2025

Would anyone like to see how the local Foodbank works?

Our Justice and Peace group have arranged for a tour of the Penryn and Falmouth Foodbank at Highway Church, Commercial Road, Penryn on Tuesday 14 October at 2.00pm. All are welcome.

The Dwell Cafe, which supports the FoodBank, will open specially for us and provide us with a lunch at 1.00 pm. They need to know numbers, so please phone 0789 693 3859 by Friday 10th if you plan to join us for the special lunch.

<https://www.ctcinfohub.org/fpct/>



HEALING CLINIC

4th October/monthly, 10.30am – 1pm

Penryn Town Hall or Temperance Hall

Healing prayer for any sickness, physical or emotional pain. Here is a list of future dates:

- 04/10/2025 Town Hall
- 01/11/2025 Town Hall
- 06/12/2025 Temperance Hall

www.ctcinfohub.org/events/250503-healing-clinic-3-may-monthly-penryn/



VACANCY - CHILDREN'S PASTOR

We are celebrating growth in our Kingdom ministry to children both within City Life Church family and within the community. This is a new role, but you will be joining an established team who have a passion to nurture and see children encounter, know, grow, love and live for Jesus and who are filled with Holy Spirit, and seek God's adventures, plans and purposes in their families and the frontline of their everyday.

The Role: Children's Pastor

Hours: 30 hours per week (52 week contract)
Flexibility is required to fulfil this role as activities may be held weekly, bi-monthly or monthly, including one Saturday morning a month and Sundays.

To apply – by CV and letter to be sent either electronically or by post to:

Lynda Sanders (One-Church Pastor), City Life Church, Chapel Hill, Truro, TR1 3BD

lynda@citylifechurch.co.uk

More information about the role:

<https://www.ctcinfohub.org/vacancy-childrens-pastor-city-life-church-truro/>



TEARS OF GOLD - EXHIBITION

13th October – 3rd November 2025

Truro Cathedral, St Mary's St, Truro, TR1 2AF

Free entry, all welcome

What does hope look like in the face of persecution?

Created by a group of courageous Christian women from Nigeria, these self-portraits were painted as part of a trauma healing programme after they experienced violent attacks for their faith. Many include golden tears — a striking symbol of how God can bring hope, dignity and healing out of deep pain.

Alongside their own artwork, you'll see beautiful portraits by British artist [@hannahrosethomas](#), who worked with the women to honour their stories through art.

www.ctcinfohub.org/events/251013-tears-of-gold-exhibition-13-oct-3-nov-truro/

Dear Friends,

We hope this message finds you well. As always, we deeply appreciate your unwavering support for our community.

Sadly we continue to see a steady increase in people needing emergency food parcels.

Challenging Times: Due to the current economic situation, we have a lot more clients, many of whom are working and still finding it hard to make ends meet.

Our Response: To address this urgent need, we continue to purchase essential items ourselves. **The average weekly food shop costs us £450 a week (roughly £1800 a month)**, so this is not a sustainable solution. We rely on the generosity of our community to keep our food bank operational, therefore we would ask that you can spread the word on our behalf, which we would really appreciate.

How You Can Help: Every small contribution makes a significant difference. If you can spare a little extra, it will go a long way in supporting those who rely on our service. **We are extremely short of the following supplies at the moment:**

- Tinned fruit
- Pasta Sauce jars
- Sugar
- Tinned meat
- Semi skimmed long life milk
- Tuna
- Meat soup/ Veg soup
- Coffee
- Tinned potatoes
- Tinned hot dogs
- Tinned meatballs
- Bottles of squash
- Cans of 'pop' e.g. coca cola, lemonade etc (we give out individual cans for the single boxes)

- Tinned tomatoes
- Baked beans
- Essential toiletries, particularly deodorant

Local Drop-Off Points for donations:

If you'd like to donate in person, please visit any of the following drop-off locations:

- Penryn & Falmouth Foodbank (Mons: 10am-1pm and Thurs: 1pm-4pm)
- Asda (In-Store Purchases Only)
- Tesco Metro (In-Store Purchases Only)
- Natural Store, Falmouth
- Co-op, Boslowick, Falmouth
- Superdrug, Falmouth
- Poundland, Falmouth

Online Shopping: For those who prefer online shopping or are able to contribute a little more, we can also accept food deliveries directly. If you place an order please do notify us, that way we can ensure we have volunteers on hand to accept the delivery at **Penryn & Falmouth Foodbank:**

- Mondays: 10:00 AM to 1:00 PM
- Thursdays: 1:00 PM to 4:00 PM

Our address: **Highway Community Centre, Church Road, Penryn TR10 8DA**

Please select a delivery during these hours only and let us know if an order is placed to ensure we are in to accept the delivery.

Financial Donations: Visit our website at Penryn and Falmouth Foodbank to make a secure online donation:

<https://penrynfalmouth.foodbank.org.uk/give-help/donate-money/>

Follow us on Facebook: We update the Penryn & Falmouth Foodbank page every week, so don't miss our exciting updates!

www.facebook.com/penrynfalmouthfoodbank/?locale=en_GB

Spread the Word: Share our mission with friends and family. Every voice counts! **Your kindness and compassion make a real impact in the lives of our clients. Thank you for being part of our community's support network.**

Warm regards

Joy

Penryn & Falmouth Foodbank – Project

Coordinator

foodbank@highwaychurch.co.uk 01326 618575

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