



FPCT NEWSLETTER

March 2024

Falmouth
+ Penryn
Churches
Together

Scan QR code to subscribe or visit www.ctcinfohub.org/FPCT-mailing-list

Please send items for the next issue to Jan Winslade 01326 317750 janiswinslade@gmail.com by 1 Mar

Free Healing Prayer

FOR ANY SICKNESS, PHYSICAL
OR EMOTIONAL PAIN

Healing Clinic

ON THE FIRST SATURDAY
EACH MONTH

OPEN 10.30 UNTIL 13.00

PENRYN TOWN HALL TR10 8LT

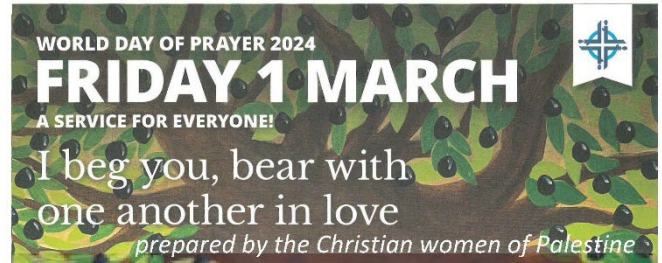
Christians from local churches in Penryn, Cornwall are addressing the frustration many people feel as a result of the long waiting times and delays experienced within the NHS, whilst honouring all the work they do.

Stirring of the Water Ministries, who have been based in Penryn for thirty years, are stepping out to help the people of Cornwall by holding monthly Healing Clinics in Penryn Town Hall. The Healing at the Clinic is administered by volunteers through Christian prayer, as modelled by Jesus Christ in the Bible.

When Jesus walked on the earth He healed all who came to Him, and He does the same today. The Healing Clinic volunteers continue Jesus' ministry by reaching out with the love of God, enabling healing and deliverance to be freely available to the people of Penryn and the surrounding areas.

The Penryn Healing Clinic is open on the first Saturday of each month between 10.30 and 13.00. No appointment is necessary.

Healing Clinic, 01326 376818
enquiries@stirringofthewater.org.uk
www.stirringofthewater.org.uk



FALMOUTH & PENRYN SERVICE

Penwerris Church

(St Michael & All Angels)

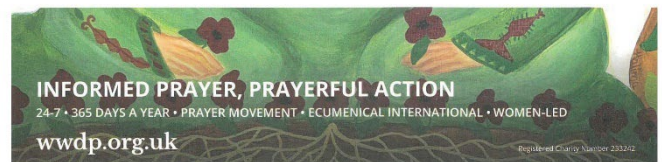
Stratton Terrace, Falmouth, TR11 2SY

10.30 a.m.

REFRESHMENTS AFTERWARDS

ALL WELCOME

(Men, women and children)



Repair, Reuse,
Repurpose, Save
AT...

KLOTH FEST!

3RD MARCH

11AM - 4PM

DRACAENA CENTRE,
FALMOUTH

FREE DROP-IN WORKSHOPS

- ★ Badge Making ★ Flower Pressing ★ Craft Sessions ★
- ★ Clothes Mending ★ Jewellery Making ★ Demonstrations ★
- ★ Food Tasters ★ Junk Modelling Competition ★ Information Stalls ★



MORE INFO:
KLOTH.ORG.UK
FACEBOOK
@KLOTH

Join us for a day of free workshops, demos, and stalls. Discover what you could do with things borrowed from KLOTH, and meet local organisations who can help you save money by upcycling, re-using, repurposing, sharing, and borrowing.

We're really excited for Sunday! We're joined by loads of great local organisations including:

[see overleaf]

- ★ Plastic Free Falmouth
- ★ Falmouth & Penryn Repair Cafe
- ★ Fal Energy Partnership Ltd
- ★ Upcycle Kernow CIC
- ★ Gleaning Cornwall
- ★ Falmouth and Penryn Welcome Refugee Families

Also:

🚲 Bike repair demo and advice on buying second hand bikes

🐾 Pet supplies sale from Pawsitive Paws
Pet Food Bank

🍪 Children's and adults workshops

🍽️ Tasty free food with recipes to take home

📷 Fun Photo Booth

♻️ Junk Modelling Competition - Art prizes up for grabs!!

KLOTH Fest - Repair, Reuse, Repurpose, Save!

Sunday 3rd March

11am - 4pm

Dracaena Centre, Falmouth



Climate Change is Happening!



ROTARY'S Exhibition at the Poly March 5th to 9th

shows why and what we can do about it.

Exhibition in the Spring Salon from 5th to 9th showing what is happening and how we can reduce our carbon emissions.

Main Exhibition and Films from March 8th details via QR code

Main Exhibition includes 20 stands covering every aspect of climate change and carbon reduction, where you can ask what's happening and what you can do to help.

Enjoy an economics lesson, where you get to laugh and leave feeling hopeful.

Click [HERE](#) to see full the Exhibition Brochure or use this QR code:



COME & JOIN US FOR OUR
SPRING FAIR
TUESDAY PENMORVAH
5TH MARCH MANOR HOTEL
10:30AM - 12NOON

ENTRY £5

Stalls

Cakes | Plants | Books and Jigsaws | Mugs | Raffle | Tombola | Auction

Ticket price includes a cup of tea/coffee and sweet treat on arrival.

Please note that cash will be required for purchases from stalls.
If you would like to buy a drink or lunch from the hotel following the fair, please bring a card for payment.

www.budeockchurch.org

MEN'S BREAKFAST

Saturday
9th March 9.30am
Membley Hall Hotel

ebc EMMANUEL BAPTIST CHURCH - FALMOUTH

Join us for our next Men's Breakfast on Saturday
9th March 9.30am

This breakfast is open to all men that would like to come along Click here to book

<https://emmanuelbaptist.co.uk/mensbreakfast>

£14pp payable on the day (if payment is a barrier for you please call the church office on 01326 315249 and we can have a chat. We want everyone to be able to come along).

**FALMOUTH & PENRYN CHURCHES
TOGETHER PRAYER & PLANNING
MEETING, WED 27 MAR 7-9pm, St Ruan
Tresahar Road, Falmouth TR11 4EE**

Falmouth
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Together

These monthly meetings are an opportunity to pray for all the churches in the Falmouth & Penryn area and their leaders, and to discern opportunities for working better together. **Everyone welcome!**

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GOOD FRIDAY 29 MARCH 2024
starting at 10am from
Emmanuel Baptist Church,
Western Terrace TR11 4QJ

Just a story or the
most significant
event in history?
*To find out more,
visit your local
church this Easter*



Why a
cross on a
Hot Cross Bun?

Join our

GOOD FRIDAY WALK OF WITNESS

*From Emmanuel Baptist Church via All Saints Church,
St Mary's RC Church, Salvation Army Church, to The
Moor, where we reflect on the message of Good Friday;
then continuing to Falmouth Parish Church of King
Charles the Martyr, where a short service will be held,
followed by refreshments*

All welcome to walk the whole route or join/leave at any point
HOT CROSS BUNS WILL BE DISTRIBUTED

**EASTER SUNRISE SERVICE at PENDENNIS POINT
SUN 31 MAR 06:50am**



Join us at Pendennis Point on Sunday 31st March
2024, 6:50am as we celebrate The Son rising whilst
watching the sun rising.

LATEST FOODBANK NEEDS

26/02/24

Dear friends

Thanks as always for your wonderful support.

Due to the economic situation, we have a lot more clients many of whom are working and still finding it hard to make ends meet and at the same time we are not receiving as many food donations as we did in recent times. It has therefore been necessary for us to purchase items in order to keep our shelves from being empty. This is unprecedented, and is not necessary sustainable, therefore we would ask that you can spread the word on our behalf, which we would really appreciate.

Just a couple of extra items will make a vast difference to us and our clients.

Here is an update for this week of the items which are most needed:

Many thanks, The Foodbank Team.

GENERALLY NEEDED

- Tinned tomatoes
- Jam
- Ladies and Men's deodorants
- Tinned Soups
- Tinned Meat Meals
- Pasta Sauces
- Longlife Semi Skimmed Milk
- Tinned Tuna
- Tea bags
- Small Bottle or Cartons of Squash/Juice /Juice Drinks
- Small Jars of Coffee
- Tinned Baked Beans
- Tinned Fruit

If you would like to drop off donations, here is a reminder of the local drop-off points:

- Asda (ONLY PURCHASES BOUGHT INSTORE PLEASE)
- Tesco Metro (ONLY PURCHASES BOUGHT INSTORE PLEASE)
- Natural Store
- Co-op Boslowick
- Poundland

And you can also drop off items directly to us at the Foodbank on Mondays between 10am and 1pm and on Thursdays from 2pm until 4pm.