



WEDNESDAY
Weds 28th Sept 2022
at 2:00PM-3:30PM

FAITH & MENTAL HEALTH NETWORK

The Faith & Mental Health Network meets online each two months with a brief overview from a guest speaker.

For our 28th September meeting the guest speaker is Jerry Padfield, the Lived Experience Co-ordinator for mental health charity Cornwall Mind. The NHS is changing mental health services in Cornwall and recognise the importance of including people with lived experience of poor mental health in shaping and developing these new mental health services. Jerry is creating a [‘lived experience’ network](#) in Cornwall and they are currently recruiting members for a steering group.

The Network welcomes pastoral visitors, clergy, chaplains, mental health practitioners, community volunteers, in fact, anyone who is supporting people who are struggling with mental health issues. The network is a mutually supportive group of people and offers a safe space to explore issues, share information, resources and best practice; relating faith to mental health and offering insights to help us help those we are standing alongside.

Register in advance [HERE](#) for this meeting



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