



# Community Friendship Cafe

## Loss, grief and beyond...

**A drop-in space for:**

- Conversations
- Support and information
- Tea and cake
- A quiet space
- Wellbeing workshops
- Bereavement support

St Michael's Church  
Hall, Perranporth  
**TR6 0JX**

**Third Tuesday** of  
the month from 21st  
January 2020

**2pm - 4pm**

A joint working partnership with Perranporth Surgery, The Atlantic Coast Cluster, Imagine if (part of the I-belong initiative), Community Connect and Cornwall Hospice Care. This initiative forms part of the 'I belong' not for profit community group.

