

# Penhaligon's Friends

## Conference 2020

### GROWING THROUGH GRIEF

Friday 13<sup>th</sup>  
March  
2020  
Lanhydrock Hotel

☆ Guest Speaker ☆



Pooky Knightsmith

£95

to include lunch and refreshments

Join us and Keynote Speaker Pooky Knightsmith (Mental Health Educator, Author & Advisor), to look at how we can all promote resilience in children who are faced with adversities such as bereavement

Discover practical strategies for supporting pupils who are struggling following bereavement. We will discuss a range of tools you can implement within your setting.



#### THE ROLE WE ALL PLAY IN BEREAVED CHILDREN'S JOURNEYS

Children and young people supported by Penhaligon's Friends will share their own stories with the conference delegates.

Our young people will be presenting their experiences of growing through grief and how their communities have supported them.



Please email [admin@penhaligonsfriends.org.uk](mailto:admin@penhaligonsfriends.org.uk) to book your place.