

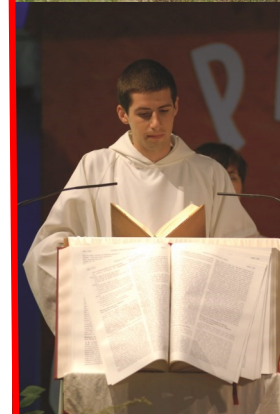
*“Let’s go to Bethlehem and see this thing  
that has happened,  
which the Lord has told us about.”  
Lc 2:15*

## **My journey to welcome Jesus**

Quiet Day Sclerder Abbey  
Saturday 24th November 2019



A Quiet Day to help us to lay aside our busyness and enter into the Mystery of Christmas. In the morning short introduction to a time of prayer on ‘How I can come to Jesus this Christmas’. After a simple lunch a further introduction and time to pray and meditate on ‘How Jesus comes to me through His birth’.



### **Timetable**

9.00	RC Parish Mass
9.45	Welcome and Coffee
10.15	Introduction & teaching by Alan Morley-Flecher
11.00	Personal Prayer/Guided Prayer
12.30	Light Lunch
2.00	Meeting
2.30	Personal Prayer
3.30	Review and prayer together
3.45	Tea

During the day it is possible to  
have Spiritual Accompaniment.

*There is no charge but a donation towards the cost of food  
would be appreciated.*

*Drinks will be provided throughout the day as well  
as a simple lunch.*

**Registration: Call or email the Abbey**

**Telephone: 01 503 272 238**

**email: [sclerder@chemin-neuf.org](mailto:sclerder@chemin-neuf.org)**

**[www.chemin-neuf.org.uk](http://www.chemin-neuf.org.uk)**